Please be advised that, effective immediately, the following procedure is to be followed for all Ringette games hosted by Western Region associations. Please note it is recommended that teams also follow this procedure in all Ringette games outside of Western Region. All tournament hosts should inform all participating teams of this procedure.

Players are to keep their Ringette gloves on for the Post Game congratulations and tap gloves rather than use the traditional handshake.

In addition it is recommended that the following precautions be observed.

- 1. Parents are urged to keep their children away from the Ringette environment if they are showing any signs of infectious disease or virus. Sick players are encouraged to see their physician if showing signs or symptoms of the H1N1 virus, and to be fully recovered prior to returning to play.
- 2. Players should be encouraged to wash hands routinely and always after handling Ringette equipment. Frequent hand washing with soap and water is one of the best preventions we can recommend. Teams are encouraged to carry extra hand soap or hand sanitizer as not all arenas have this readily available.
- 3. Talk to your players about covering their mouths and nose when coughing or sneezing using their arm as opposed to their hands.
- 4. Advise players to try and not touch their own mouths or nose when in the Ringette environment to reduce the chance of them passing an infection on to themselves.
- 5. Ensure all players and staff have their own water bottles labeled with names and players numbers. Sport drink bottles should be avoided as direct lip contact is possible when drinking.