# **WRRA Coaching Report**

## February 2016

### **Bench Staff Qualification Requirements:**

There have been several changes to qualifications that have taken effect this season. This includes the addition of a new 'Introduction to Coaching' clinic which is required by all new coaches. A new 'Making Ethical Decisions' clinic has also been added to the coaching requirements this year. These changes have created much frustration amongst new coaches and associations this fall but hopefully as Ringette Canada and ORA work out the kinks these will go much smoother in the future. A reminder that the extension for all new CSI coaches to complete their MED clinic and MED evaluation is March 15. If you have not yet completed these you should do so as soon as possible to ensure you are properly qualified to be on a Regional U6-U12 bench this season.

### **2015 Coaching Clinics**

The following Coaching Clinics were set up this fall.

CI - Waterloo CI - London CSI - Dorchester CSI – Kitchener MED – London MED- Guelph

In all, there have been over 100 new coaches trained this fall in Western Region. CSI – 52 coaches trained CI – 49 coaches trained

In addition there have been 5 coaches complete their CI Evaluation and become CI Certified

I would like to thank London, Waterloo, Dorchester, Guelph and Kitchener for their help in hosting these clinics.

## Bench Staff Code of Conduct

All bench staff have signed the Bench Staff Code of Conduct Agreement (ORA Form C-F-01) and we trust that bench staff will adhere to both the letter and spirit of this Code of Conduct. This is of particular note as we approach A/AA Provincials and Regionals. We have had some issues with coaches around the province over the past few seasons including some from our own Region so I ask that coaches try to represent their team, association and Western Region appropriately during all sanctioned events.

### **Coaching Resources**

There are various coaching resources, such as sample practice plans and videos, available on the Ringette Canada website (<u>www.ringette.ca</u>). In addition, Ontario Ringette has developed 'Guides to Success' for U6 to U10 coaches and Associations. Ontario has also produced a 'Drills for Skills' index to help coaches quickly find effective drills to develop particular skills. These tools can be found at <u>www.ontario-ringette.com</u> => Coaching => Resources.

In addition myself or any of the Coaching Clinic Facilitators are always willing and able to help coaches out at any time throughout the season. Please do not hesitate to ask any questions of us.

## Interested in Getting Involved:

If you are interested in getting involved with helping to facilitate coaching clinics in our Region please let me know as we are always looking for interested and enthusiastic people to join the team.

### **Special Thank You:**

A Very Special Thank You to Mike Genereaux. Mike is retiring as a Coaching Clinic Facilitator/Evaluator after this season. Mike has been involved for more years and has helped more coaches than I can count to become trained and certified in our Region. Mike has previously held the Western Region, Coaching Coordinator position and has been involved not only within our Region but with the ORA and Ringette Canada in this capacity. We Thank Mike for all his years of service to our great sport and wish him the best in his future endevours.

## **Questions?**

Don't hesitate to contact me at <u>coachwrra@wrra.ca</u> with any coaching related questions. Have a great season!

John Mezenberg

Western Region Coaching Coordinator