

G&T Report for February 28, 2013

Regionals:

Regionals tournament costs will be as follows:

U8 (Bunny):	\$225
U9-U19:	\$575
18+:	\$600

Same as the 2012 Regionals;

Reminder to all teams: Things to bring to this meeting for G&T:

- All teams/association – white copies of all home game sheets
- Hard copy of any outstanding games sheets with fully served penalties (#14 & up), and/or Misconduct/Match/Ejections.

Suspensions:

- G&T requires within 24 hours or before your next game of all games with Match (#18) or Misconduct (#15) Penalties or any game where a player has 10 minutes or more in penalties or a team has 30 minutes or more in penalties. A scanned copy of the game sheet is required. In all cases there will be at least a one game suspension.

Please refer to <http://www.wrra.ca/documents/mismatch.pdf> as a summary of suspensions.

Any player or bench staff found to have played or coached a game while under suspension will be suspended for additional games and the team may be fined \$50 per game.

It is the TEAM and ASSOCIATION's responsibility to ensure that suspensions are served. Failure to report is NOT an excuse for not serving a suspension.

It is NOT the official's responsibility to notify a team of suspensions. Any questions should be addressed to G&T NOT the officials.

Fully Served Penalties:

- G&T requires notification within 48 hours of all games with fully served penalties (basically #14 & up). A scanned copy of the game sheet is required.
- If you are not able to send a scanned copy within the required timeline, it is your responsibility to make arrangements with G&T for an agreed extension. This is NOT an excuse for failing to report.
- For all of the above, the penalties should be reported by BOTH teams, including exhibition games, league games, or tournament games, and when the opposing team is from outside of Western Region.
- For all of the above please include the LEAGUE, DIVISION, and GAME NUMBER in the subject line.
- For all of the above, your league may also require the infraction to be reported (example: SWIRL teams must report to the disciplinary chair)

Penalties and Suspensions

- This season we have had our share of suspensions, mostly misconducts, but also a few match penalties.
- Remember that ringette takes suspensions seriously. In our sport a suspension is from ALL activities with the team (*including practices*). Match penalties are a suspension from ALL ringette activities (*including timekeeping, officiating, volunteering with a younger team etc*). Additional details surrounding coaches who also play, 2-team players etc is available in the operating manual, Games & Tournaments, Section 5, 5.4 & 5.5.
- Your association may add additional restrictions and/or game suspensions.
- Your RIC may add additional restrictions at their sole discretion.
- This season the majority of major penalties are “body”, and mostly in the U16/U19 age groups.

Game Sheets:

- A number of associations have submitted game sheets with incomplete information.
- **PLEASE make sure that the following are filled out on your games sheets EVERY game:**
 - o Date
 - o Time
 - o Location
 - o League
 - o Game Number or EXB or SWIRL
- Please bring your original copies of all home games to each WRRRA meeting or any league meeting (WORLD, WRRRA, SWIRL) for all teams
- For SWIRL league only – all game sheets are to be sent monthly to Cathy Daultrey.

Substitutions for Provincials:

The G&T committee must approve ALL substitutions at AA tournaments (new) and at all provincial events Please submit at least 1 week in advance. Emergency substitutions will be managed on a case by case basis.

You may add one (1) goalie up to a maximum of 2 goalies on your TRF.

You may request substitutes under the normal substitution rules if you have players who are unable to play. Proof of inability to play may be required.

A player who has substituted previously at a tournament is still eligible to sub at Provincials.

Substitutions for Regionals:

Substitutions for Regionals must be approved, in advance, by Western G&T for all teams.

All other substitution rules apply.

Substitutions – General Guidelines:

- For any substitution of a minor player, if you are borrowing a player from another association the following process must be followed:
 - o Coach of team needing player contacts their president
 - o President contacts the player's president who contacts their coach who contacts them.
 - o Coaches needing players are NEVER to go directly to the player.
- All substitutions of a minor player, from a different association, must be approved by G&T. This includes tournament games (TRF adjustment required), league games, and exhibition games. G&T will not approve without the team providing approval of both presidents and both coaches. Under no circumstances can the player miss a game with her own team in order to play as a substitute for another team.
- For league games, it is the responsibility of the teams to ensure that their substitute has not exceeded their maximum number of games as a substitute for their league. Current maximum for WORL and WRRL is 5 games for each league. There are no limits for SWIRL.
- For tournament games, it is the responsibility of the team to ensure that their substitute has not exceeded their maximum number of games/tournaments as a substitute. A player registered on a U19 team or lower may only appear on one TRF adjustment form (one game or more or all games in one tournament). An adult player (registered on an 18+ or 30+ team) may only appear on two TRF adjustment forms (one game or more of all games in one tournament for the same team). Goalies are exempt.
- For tournament games, a player (including goalie) may not play for more than one team in the same or a different tournament on the same weekend. There are no exceptions to this rule.

There has been a noticeable increase this season in teams requesting substitutions from outside their association. This is in part due to smaller teams, and in part due to the new substitution rules which allow up to 4 skaters to a maximum of 12 skaters (or TRF whichever is less).

The primary *reason* for these requests seems to be injuries, and the majority of these injuries are concussions. Please take a few minutes to talk to your teams about concussion avoidance. The most common cause seems to be a body/shoulder/elbow into the boards. This type of concussion has been putting players out of the game for 1-4 weeks or more. Out of the game often also means out of school, and out of part time employment. While other types of concussion injuries may still occur, this type is almost *completely avoidable* simply by reminding our players to “play the ring and not the player”. As we move toward Provincials and Regional finals, everyone wants their teams at their peak performance, not sitting on the sidelines due to injuries.

Teams Under Review for movement from A to AA

- All U14A, U16A, and U19A teams are encouraged to forward comments about opponent teams in tournaments to G&T.
- All comments will be forwarded to the G&T committee for review.
- Western G&T will be recusing from any decisions in the U16A division.

[Please refer to the Mid-Season Reseeding Process for information on the Reseeding Process](#)

U12PP Team Review

- All U12PP teams are encouraged to forward comments about opponent teams in tournaments to the WORL U12PP convenor. This feedback will be used to assist in the determination of tiers at the U12PP event.

For all divisions, reviews may include such comments as “weak team”, “very even play”, “final score was not indicative of play” (with explanation), “very strong team, we were outplayed for 90% of the game” etc. Please include any other relevant information (eg we lost 7-1 but our goalie was not able to play and we had a less experienced player in net – we usually have a very balanced game with this team). If appropriate you may also wish to include any relevant information about your own team.

Running Time

Reminder to all leagues and tournaments that G&T has clarified a standardized version of running time:

Running time is not required, however if used the below is to be followed:

- Only in second period
- Only when 7-goal spread
- Stops for penalties, injuries, time-outs
- Re-starts when play begins (on whistle)
- Returns to stop time at any time that there is less than a 7 goal spread.

Upcoming

A number of changes have been proposed for next year for the U12 divisions. G&T will be discussing these changes at our January SCM.

Do you have something you would like to see changed in our sport? Please forward your ideas!