

## Western Region Meeting - Feb 28th - Membership Services

**Recognition Awards** - It is that time of year again to remember all the great volunteers we have in Ringette. In the membership services manual you can read about all the awards. They start on page 28.

[http://ontario-ringette.com/administration/op\\_manual/documents/MEMBERSHIP%20SERVICES%2007-02-2013.pdf](http://ontario-ringette.com/administration/op_manual/documents/MEMBERSHIP%20SERVICES%2007-02-2013.pdf)

The forms are due to the ORA office on or before April 1<sup>st</sup>.

[M-F-16](#) Volunteer Recognition Program Nomination Form

[M-F-19](#) Athlete Performance Award Nomination Form

**Injury Forms** - When an injury occurs you need to get the form filled out within 2 days and sent to the ORA office. Please cc me on these forms so I can file a copy. If these are not filed properly and an insurance claim is necessary then it may not be covered.

**Shoulder Pads** - All players U19 and below must wear shoulder pads. Coaches should ensure that the players abide by this rule. I am hearing at Provincials they will enforce this rule so please don't get caught in the debate.

All forms can be found on the ORA Website –

<http://ontario-ringette.com/administration/forms.php?sub=administration>