# **WRRA Coaching Report**

## AGM 2017

### **2016 Coaching Clinics**

The following Coaching Clinics were set up this fall.

CI - Waterloo CI - London CSI – Elora Fergus CSI – London PD - Kitchener

In all, nearly 100 coaches received training this year in Western Region. In addition there have been 8 coaches complete their CI Evaluation and become CI Certified I would like to thank Elora Fergus, London, Kitchener and Waterloo for their help in hosting these clinics.

#### **Professional Development**

A reminder to all coaches that you are required to completed Professional Development in order to maintain your coaching certification.

Ringette Canada has begun to comply with the Coaches Association of Canada's (CAC) NCCP Professional Development policy and procedures. Ringette coaches will be required to complete Professional Development in a five year cycle. PD points can be earned through a multitude of activities that coaches already participate in, including national and provincial sport organization conferences and workshops, eLearning modules, NCCP workshops, coach mentorship programs, and active coaching.

Coaches will also receive 1 PD point per year for active coaching. These points need to be SELF-DECLARED. To declare your active coaching: Log in to The Locker Under your profile, click CERTIFICATION on the menu tab Click the Self-Report Whistle on the left hand side Record Active Status

Two PD clinics were offered by the Region this past season.

- 1) Understanding the Skills Matrix
- 2) Those are the Rules Closing the Gap between Coaches and Officials

Both clinics were well received and we plan to host them as well as a number of other courses moving forward in order to help coaches to satisfy their requirements.

If you wish to know your PD status, please log onto your locker at www.coach .ca and this information is readily available.

### Bench Staff Code of Conduct

All bench staff signed the Bench Staff Code of Conduct Agreement (ORA Form C-F-01) and we trust that most bench staff members have adhered to both the letter and spirit of this Code of Conduct. We have had a number of issues this past season and as a Region and Member Associations we must work to reduce these violations so that they are few and far between. We ask that coaches try to represent their team, association and Western Region appropriately during all sanctioned events.

# **Coaching Resources**

There are various coaching resources, such as sample practice plans and videos, available on the Ringette Canada website (<u>www.ringette.ca</u>). In addition, Ontario Ringette has developed 'Guides to Success' for U6 to U10 coaches and Associations. Ontario has also produced a 'Drills for Skills' index to help coaches quickly find effective drills to develop particular skills. These tools can be found at <u>www.ontario-ringette.com</u> => Coaching => Resources.

It is also recommended each year that coaches take the time to understand the rules as well as all relevant information as it pertains to the ORA Operating Manual. Given the season is over the summer is a great time to review this information in preparation for the upcoming season. By doing so it will give everyone a better understanding of the sport, its rules and requirements and help to better understand what is required of them when the season does begin.

In addition, myself or any of the Coaching Clinic Facilitators are always willing and able to help coaches out at any time throughout the season. Please do not hesitate to ask any questions of us.

# Interested in Getting Involved:

If you are interested in getting involved with helping to facilitate coaching clinics in our Region please let me know as we are always looking for interested and enthusiastic people to join the team.

In addition I am looking for someone to help me with the Coaching Coordinator's position. If you are interested please give me a call to discuss.

### **Questions?**

Don't hesitate to contact me at <u>coachwrra@wrra.ca</u> with any coaching related questions. Have a great season!

John Mezenberg

Western Region Coaching Coordinator