

WRRRA Coaching Report

September 2015

Bench Staff Qualification Requirements:

There have been several changes to qualifications that will take effect this season. A meeting with all Association Coaching Directors has been scheduled for Monday September 14 at RIM in Waterloo to go over these changes as well as other issues as they pertain to Coaching. The hope is that by doing this all associations will be up to date on all the current issues in the Province.

2015 Coaching Clinics

The following Coaching Clinics have been set up so far.

CI - Waterloo

CI - London

CSI - Dorchester

CSI - Kitchener

Depending on how many coaches need to be trained this year we may add additional clinics as needed. If you are interested please contact me to see if we can set something up.

I would like to thank London, Waterloo, Dorchester and Kitchener for their help to date.

Bench Staff Code of Conduct

All bench staff must sign the Bench Staff Code of Conduct Agreement (ORA Form C-F-01) and we trust that bench staff will adhere to both the letter and spirit of this Code of Conduct. We will be collecting the signed agreements at the November meeting. Please be sure to collect from your coaches and bring with you. We have had some issues with coaches around the province over the past few seasons including some from our own Region so I ask that coaches try to represent their team, association and Western Region appropriately during all sanctioned events.

Coaching Resources

There are various coaching resources, such as sample practice plans and videos, available on the Ringette Canada website (www.ringette.ca). In addition, Ontario Ringette has developed 'Guides to Success' for U6 to U10 coaches and Associations. Ontario has also produced a 'Drills for Skills' index to help coaches quickly find effective drills to develop particular skills. These tools can be found at www.ontario-ringette.com => Coaching => Resources.

As was the case last season, the Region Coaching Coordinators have created a Sample Coaching Meeting Agenda including relevant links and information to help associations to ensure they include all relevant information in their initial coaching meetings. This includes a lot of great links for coaches and you should take a look if you have not yet seen it. A copy is on the Western Region website under Resources.

Interested in Getting Involved:

If you are interested in getting involved with helping to facilitate coaching clinics in our Region please let me know as we are always looking for interested and enthusiastic people to join the team.

Questions?

Don't hesitate to contact me at coachwrra@wrra.ca, (H) 519-821-1778 or (C) 519-820-2077 with any coaching related questions. Have a great season!

John Mezenberg

Western Region Coaching Coordinator