



## Western Region Coaching September Newsletter

### Coaching Coordinator Meeting

- There will be a mandatory coaching coordinator meeting on Monday September 23 in Room 202 at RIM Park in Waterloo.
- During this meeting we will discuss various topics pertaining to the upcoming season as it relates to coaching.

### Code of Conduct Form

- Every team must provide a completed Bench Staff Code of Conduct form signed by all members of your bench staff included on your TRF.
- These forms are now to be sent to the RO office once accumulated. The Due date to the office is November 30.
- The form can be found at <https://ringetteontario.com/ora-forms/>

### Bench Staff Requirements

- All information on bench staff requirements can be found on the ORA website under Coach Pathways <https://ringetteontario.com/the-people/coaches/coaching-pathways/>. The Pathway contains checklists by age and level showing all requirements.
- Managers – qualifications are also listed on the Coach Pathways. Reminder U14AA, U16AA and U19AA teams are not allowed to have a manager on the bench during sanctioned events.
- Trainers – qualifications are also listed on the Coach Pathways. Please note that by November 30, 2020, all U9 to U19 teams will be required to have a dedicated trainer on their bench for all sanctioned events.
- All U12P and U14A teams must have a qualified female coach on the bench beginning the 2019/20 season.
- All U16A and U19A teams must have a qualified female coach on the bench beginning the 2020/21 season.
- There are new requirements for Junior Coach roles (replaces the old Coach-in-training) and On-Ice Assistants. Qualifications are also listed on the Coach Pathways.

### Bench Staff Substitutions

All Bench Staff substitutions must be approved by the RO office prior to the applicable sanctioned event tournaments. This form can now be completed on-line at <https://ringetteontario.com/ora-forms/>.

## **Coaching Registration**

Coaches have two options to register.

- Team Specific – TRF Registration as usual
- Non Team Specific – Independent Coach Registration is now offered whereby coaches that are not registered with a specific team this season can register with RO and substitute with any team if necessary upon approval. The registration form can be found at <https://ringetteontario.com/ora-forms/> and payment should be sent to the RO office directly in order to register.

## **Coaching Clinics**

- Both CI and CSI clinics have already been set up around the Region and those planning to coach and in need of qualifications can begin to go online and register.
- This year the Ringette Ontario office is taking care of providing clinics around the province.
- For a complete list of clinics please check out Ringette Canada website, Under Coaching you will find a complete course listing.
- Note that all CSI clinics are just one day and all CI clinics are two days over the weekend.
- For more information on registering for clinics please check out the RO website at <https://ringetteontario.com/the-people/coaches/coaching-clinics/>

## **Making Ethical Decisions (MED)**

- What is the Making Ethical Decision (MED) Requirements and what do I need to do? <https://ringetteontario.com/the-people/coaches/med-for-coaches/>

## **Professional Development**

- What is Professional Development and what do I need to do? <https://ringetteontario.com/the-people/coaches/professional-development/>
- Coaches should make sure they have completed the required number of PD points to maintain their qualifications. Check out your NCCP locker at coach.ca to obtain your latest information and qualifications.
- For more information on possible PD opportunities coaches should contact their association coaching coordinator or can contact myself directly for more information.

## **Professional Development Opportunities within Western Region**

This year the Region is offering numerous PD clinics on various topics. If associations are interested in hosting a clinic for their coaches or in conjunction with another association, please contact myself to set something up. They are all approximately 3 hours in length and can be scheduled on weekends or on a weeknight. Coaches will receive 3 PD points for attending.

- Strategies and Tactics – Don't forget your Timeout
- Goalies – Don't Forget them at Practice
- Building a Practice Plan – How Best to Utilize your Ice
- Those are the Rules – Closing the Gap between Coaches and Referees
- Understanding the Skills Matrix – How to Apply it to your Practice Plan

### **Sport Injury Policy**

- Associations are reminded that all teams must now have a designated Safety Officer. If a team has a trainer this would fall to them but if not, there must be another person designated.
- The Safety Officer will be required to sign the game sheet for every game and indicate they are the designated Safety Officer by writing SO by their name.
- The Safety Officer's responsibility is in case of an injury or possible injury to assess and if necessary, remove the player from game action. They would also be responsible for completion and submission of the injury report form to the RO office within 10 days of the occurrence.
- This requirement is designated by the Ministry to ensure that there is an extra pair of eyes on the field of play for athlete safety. Especially as it relates to concussions.
- In addition, all players and bench staff must sign the Concussion Code of Conduct before stepping on the ice. This information was sent out associations over the summer but can also be found at <https://ringetteontario.com/resources/concussion-sport-safety-information/>.
- This new requirement do create the urgency for teams to have a designated trainer and not wait until the implementation deadlines of November 2020

### **RC Directives**

Similar to last year, U16AA and U19AA coaches to attend the Canadian Ringette Championships Ringette Canada has mandated that coaches must complete the following:

- Respect in Sport <https://www.coachingringette.ca/index.php?page=375>
- Competition Development Course Requirement

### **Quest For Gold**

There is an opportunity for coaches to receive funding for courses that they take through Quest for Gold. For more details please check out link at <http://coachesontario.ca/qfg/>

### **Fair Ice Policy**

- Do you have questions about the Fair Ice Policy? Please review the policy included in the Sport Development section of the RO website. Coaches who are not following the fair ice policy are subject to penalties as detailed in the policy

### **Police Checks**

- Bench Staff are reminded that they must have a current Police Check within the past 3 years (Vulnerable Sector Check)
- In addition, RO is working on a new PRC policy which will include an annual attestation by all bench staff in between the 3 year period. More details will follow this fall.

### **Other Policies**

- RO has a number of policies that coaches and bench staff should be aware of. A complete listing of these policies can be found at <https://ringetteontario.com/policies/>

Do you have questions? Please check out the ORA Coaching FAQ's to see if your question is answered there <https://ringetteontario.com/the-people/coaches/coaching-faqs/>

If you have any questions please contact John Mezenberg at [coachwrra@wrra.ca](mailto:coachwrra@wrra.ca)