

WRRRA Coaching Report

September 19, 2013

Bench Staff Qualification Requirements for 2013/2014 are generally unchanged from last season.

Head Coaches and Assistant Coaches of U8, U9, U10, U12 Regional and U14, U16, U19 B and C level teams, as well as Head Coaches at the U6/U7 level, are required to attend a Community Sport Initiation (CSI) clinic.

Head Coaches and Assistant Coaches of U12 Provincial, A and AA level teams are required to attend a Competition Introduction Part 1 and Part 2 (CI) clinic.

Head Coaches and Assistant Coaches of AA level teams must complete the CI Part 1&2 clinics and the CI Evaluation in order to become CI Certified.

All Head Coaches and Assistant Coaches must also become MED Certified, which involves taking the appropriate online MED evaluation after attending one of the above clinics by January 8, 2014 (CSI coaches have until January 8 of the year following their clinic to complete)

Assistant Coaches in Training - 16 or 17 years old - must attend a CSI or CI clinic depending on the level of team they are assisting with.

Females on the bench - on AA level teams, either the Head Coach or one of the Assistant Coaches must be a female over the age of 18. On all other minor teams, there must also be a female over the age of 18 on the bench; however, this can be the Trainer or Manager or one of the Coaches.

Trainers - must have First Aid Certification. Trainers on U12 Provincial, A and AA level teams must also attend either a CSI or CI clinic.

Managers - must complete the on-line Ringette Canada Manager Certification course.

At least one Bench Staff member must have First Aid Certification. This person does not have to have the title of 'Trainer'. It is highly recommended that this person be present at all games and team activities.

Rule Change year - one coach from every team must attend a Rules Clinic this fall.

All Bench Staff must be qualified by January 8, 2014 or come off the TRF and off the bench.

Changes for 2014/2015

Head Coaches and Assistant Coaches of U12 Provincial and A teams will be required to have taken both CI-1 and CI-2 clinics in order to be qualified to be on a bench next season.

2013 Coaching Clinics

Currently two CSI clinics, two CI-1/2 and one CI-2 clinics are being offered in the Region this fall:

CSI – October 19 in Dorchester, November 2 in Guelph – open to a third clinic if an association is willing to host

CI-1/2 - September 13-15 (24 coaches attended) and October 4 to 6 in London

CI-2 - September 22 in Guelph (Clinic originally scheduled for September 21 has been cancelled)

Instructions as to how to register for the clinics are posted on the Coaching page of the Western Region website (<http://www.wrra.ca/coaching/coach1314.htm>). Clinic registration takes place on the Ringette Canada website.

Bench Staff Code of Conduct

All bench staff must sign the Bench Staff Code of Conduct Agreement (ORA Form C-F-01) and we trust that bench staff will adhere to both the letter and spirit of this Code of Conduct.

Responsibilities of Head Coach

The Head Coach is ultimately responsible for the team and, in addition to season planning, practice planning and player development, those responsibilities include the following:

- player safety and equipment – reminder all players U19 and below **must** wear shoulder pads
- conduct of all players, Bench Staff and parents
- being familiar with the Official Rules of Ringette
- being familiar with the Games & Tournaments section of the ORA Operating Manual, which deals with, among other matters, playing rules for sanctioned events, player and bench staff substitutions, penalties, Provincials, etc.
- providing a program in accordance with ORA Sport Development policies
- the accuracy of the information on the team's TRF
- being familiar with the WORL, CORL and WRRRL rules and procedures, which include rules relating to player substitutions, game cancellation and rescheduling and reporting of suspension penalties. Note that in some cases the Leagues' rules may be more restrictive than the corresponding ORA rules.

Association Coaching Coordinators/Tracking of Bench Staff Qualifications

As in the past, we ask that Associations play a major role in the tracking of bench staff qualifications. The ORA coaching database will be used to the extent possible to assist with the process.

This year I will be communicating with Association Coaching Coordinators to assist me in ensuring that all coaches have taken the required clinics to remain qualified to be on their specific teams' bench. I ask that all associations please send me their coaching coordinator's contact information so I can contact

them directly to discuss what is required. I am also working with Keith to design an online portal to enter this information.

Coaching-related information will be communicated to the Coaching Coordinators on an ongoing basis and Presidents will be copied on key communications.

Coaching Resources

There are various coaching resources, such as sample practice plans and videos, available on the Ringette Canada website (www.ringette.ca). In addition, Ontario Ringette has developed 'Guides to Success' for U6 to U10 coaches and Associations. Ontario has also produced a 'Drills for Skills' index to help coaches quickly find effective drills to develop particular skills. These tools can be found at www.ontario-ringette.com => Coaching => Resources.

Also this season Region Coaching Coordinators have been working on a Sample Coaching Meeting Agenda including relevant links and information to help associations to ensure they include all relevant information in their initial coaching meetings. We hope for this to be available and posted to the Region website in the next week.

Coaching Forum Pilot Project

Western Region will be piloting a Coaches Forum Project this Winter likely to occur in early to Mid December. The idea of this is to give coaches, especially Regional and new coaches an opportunity to come together to discuss issues, concerns and ideas together. We will also be bringing in speakers to discuss specific topics such as Strategy/Tactics, Practice Planning, Skills and Drills, Off-ice Training and Nutrition, Rules and Officiating, Injuries and Concussions. If you have any ideas or topics you think would be an asset to include please let me know.

Questions?

Don't hesitate to contact me, John Mezenberg , at coachwrra@wrra.ca, (H) 519-821-1778, (C) 519-400-2004 with any coaching related questions. Have a great season!