# **WRRA Coaching Report**

#### November 2016

### **2016 Coaching Clinics**

The following Coaching Clinics were set up this fall.

CI - Waterloo

CI - London

CSI – Elora Fergus

CSI - London

In all, there have been over 60 new coaches trained this fall in Western Region. This is down significantly from previous years (decrease of approx. 40%)

I would like to thank London, Waterloo and Elora-Fergus for their help in hosting these clinics.

Western and Southern Region are also working together to set up a final CI clinic for those that still need to complete the clinic. This will be held in Paris on the weekend of December 10/11.

Those coaches wishing to become CI Certified and have completed all prerequisites are reminded to register on the Ringette Canada Coaching website for their evaluation.

## **Making Ethical Decisions**

Coaches are reminded about the MED requirements to be qualified to be on a bench as a coach. New coaches must complete the MED clinic as well as all coaches must take the relevant MED evaluation. For more information please follow this link to the ORA site

http://www.ontario-ringette.com/coaching/MED.php?sub=coaching

## **Professional Development**

As per the membership notice previously sent out and found on the ORA website at http://www.ontario-

<u>ringette.com/administration/member\_notices/Notice%20to%20the%20Members%20-</u>%20Professional%20Development.pdf .

All coaches are required to complete professional development in order to maintain their coaching credentials on a five year cycle. The Region will be offering opportunities to satisfy this PD requirement to all coaches with a variety of different courses/clinics. Please stay tuned to the Region website for more information as these clinics and courses become available.

#### **Bench Staff Code of Conduct**

All bench staff must sign the Bench Staff Code of Conduct Agreement (ORA Form C-F-01) and we trust that bench staff will adhere to both the letter and spirit of this Code of Conduct. We will be collecting the signed agreements at the November 17 meeting. You can find the form at

http://www.ontario-ringette.com/administration/documents/C-F-01.pdf.

Please be sure to collect from your coaches and bring with you. We have had some issues with coaches around the province over the past few seasons including some from our own Region so I ask that coaches try to represent their team, association and Western Region appropriately during all sanctioned events.

# **Bench Staff Substitutions**

For all sanctioned events teams that require a bench staff substitution must completed the applicable form for which a copy can be found at

http://www.ontario-ringette.com/administration/documents/C-F-02.pdf.

Once completed the form should be sent to Karla Xavier at the ORA office for approval.

## **Operating Manual**

All coaches are reminded of the importance of reviewing the ORA Operating Manual, especially the sections on Coaching, Games and Tournaments and Sport Development. The Operating Manual can be found at

http://www.ontario-ringette.com/administration/index.php?sub=administration

## **Coaching Resources**

There are various coaching resources, such as sample practice plans and videos, available on the Ringette Canada website (<a href="www.ringette.ca">www.ringette.ca</a>). In addition, Ontario Ringette has developed 'Guides to Success' for U6 to U10 coaches and Associations. Ontario has also produced a 'Drills for Skills' index to help coaches quickly find effective drills to develop particular skills. These tools can be found at <a href="www.ontario-ringette.com">www.ontario-ringette.com</a> => Coaching => Resources.

There is a lot of resources and information on the ORA website for coaches. Please take the time to review all the information on the left hand menu of the website under Coaching.

### **Interested in Getting Involved:**

If you are interested in getting involved with helping to facilitate coaching clinics in our Region please let me know as we are always looking for interested and enthusiastic people to join the team.

# Questions;

Don't hesitate to contact me at <a href="mailto:coachwrra@wrra.ca">coachwrra@wrra.ca</a> with any coaching related questions. Have a great season!

John Mezenberg

Western Region Coaching Coordinator