Hi Everyone,

We have had a great first couple of months to start the season. I wanted to share a couple updates and reminders for teams as we get further into the season.

- The OAIC is currently scheduled to be held in Oshawa over the Easter Weekend for the 2020 season. The tournament will start April 9 and run until April 11, to give everyone Easter Sunday at home with their families. A formal registration package will be available for everyone in the next week or so. It will be running 18+ BB, B, CC, and C division.
- 2. Regular Tournament Play
 - a. It is important to note that you have been accepted to tournaments before you have submitted payment and schedules for tournaments are confirmed 4 weeks beforehand. There is an enforced fee for dropping out of tournaments after you have been accepted.
 - This does not apply if the tournament has to shift your team to a different division than you registered for to run the tournament.
 However if you have been reseeded mid year, the rule above applies.
- 3. Tournament Substitutions
 - a. I can sign all TRF Adjustment forms for tournaments, please have them to me 2 weeks before the tournament starts, or 2 days before in case of emergency.
 - i. If your substitution involves an out of region player, please share with me and I will loop in the ADC from that Region to also sign-off. The tournament host ADC only needs to sign-off if there happens to be an in tournament substitution is required and I am not available.
 - b. A quick reminder of the rules. Players are able to substitute in 2 tournaments and are only able to play in one tournament/weekend. Goalies are able to substitute in 3 tournaments and again can only play in one tournament/weekend.
 - c. You are able to substitute either up one level or at the same level of your team (IE a B player can sub for a B /BB or A team, a C player can substitute for C/CC or B team)
- 4. Updated Adult Manual
 - a. The adult manual and our rules have been updated and can be reviewed here: https://ringetteontario.com/wp-content/uploads/2019/10/Adult-Development-Administrative-Rules.pdf

If you have any other questions please do not hesitate to reach out and looking forward to a great season!

Stephanie Smith Western Region ADC