

Western Region Ringette Association

High Performance Report

September 16, 2021

AAA for the 2021/22 season

The Ringette Ontario High-Performance AAA Program is a competitive program that provides players with exposure to high level development opportunities as well as the best high-performance coaching in Ontario. The HP AAA Program allows Ringette Ontario selected coaches, including the Team Ontario bench staff, to identify and develop Ontario's most gifted young ringette players, to encourage and motivate them to play for their province and to provide them with the opportunities to measure and refine their skills at the top-level competitions. These competitions may include the Ontario Winter Games (U19) and Canada Winter Games (U20), as well as potential future opportunities within the NRL, the Junior National Team and Senior National Team Programs. Ringette will again be part of the Ontario Winter Games this coming season and will be played in Renfrew County in late February. There are a number of changes to the AAA program this time around, the biggest change being that Regions will no longer host a team themselves but instead the program will be overseen by Ringette Ontario in its entirety. Ringette Ontario will fully operate the High-Performance Ringette program in Ontario and will be responsible for ensuring that coaches and athletes are executing the HP Program according to the outlined set standards, select Coaching staff and evaluate and select athletes for the eight teams that will be competing at the 2022 Ontario Winter Games. As well, the program will include up to two development teams that will attend the High-Performance Development Camps and other athlete development opportunities.

Athletes from the High-Performance Program will be selected to attend Team Ontario tryouts in May of 2022. Athletes selected for Team Ontario will compete in the Canada Winter Games in 2023 in PEI.

Western Region will be represented by the following staff as part of the Ringette Ontario High Performance Program (AAA) and will be participating with the Teams at the Ontario Winter Games in February 2023.

Congratulations to:

Becky Branton – Head Coach

Freedom Warne – Head Coach

Elysia Ashton – Assistant Coach

Abby Breckles – Assistant Coach

Kenzie Taylor – Assistant Coach

Paige Nosal - Trainer

Western Region Support for our HP Athletes

Western Region has worked with a number of associations to arrange on ice training opportunities to help prepare our 80+ athletes that have registered for the team selection camp being held October 15-18 in Waterloo at RIM Park. Thank you to Guelph, Kitchener, London and Waterloo for helping to obtain ice for these sessions and thank you to those that have helped on the ice to prepare our athletes for tryouts

We wish everyone Good Luck!