



Western Region Ringette Association

High Performance Report

Annual General Meeting

2022

The Ringette Ontario High-Performance Program is a competitive program that provides players with exposure to high level development opportunities as well as the best high-performance coaching in Ontario. The HP AAA Program allows Ringette Ontario selected coaches, including the Team Ontario bench staff, to identify and develop Ontario's most gifted young ringette players, to encourage and motivate them to play for their province and to provide them with the opportunities to measure and refine their skills at the top-level competitions. These competitions may include the Ontario Winter Games (U19) and Canada Winter Games (U20), as well as potential future opportunities within the NRL, the Junior National Team and Senior National Team Programs.

There were a number of changes to the HP AAA program this time around, the biggest change being that the Regions no longer host a team themselves but instead the program is overseen by Ringette Ontario in its entirety. Ringette Ontario fully operates the High-Performance Ringette program in Ontario and is responsible for ensuring that coaches and athletes are executing the HP Program according to the outlined set standards, select Coaching staff and evaluate and select athletes. The HP Program development and administration is led by the Ringette Ontario Technical Director and supported by additional part time staff, hired by Ringette Ontario as well as the Team Ontario Staff.

Western Region well represented as part of the Ringette Ontario HP AAA Program for the 2021-22 season

Western Region was represented by 52 U16 and U19 athletes from eight different associations as part of the 2021-22 AAA program. Congratulations to all of them!

Western Region well represented by the following staff as part of the Ringette Ontario High Performance Program (AAA) for the 2021-22 season.

Congratulations to:

Becky Branton – Head Coach

Freedom Warne – Head Coach

Elysia Ashton – Assistant Coach

Abby Breckles – Assistant Coach

Kenzie Taylor – Assistant Coach

Paige Lanteigne – Trainer

Ontario Winter Games this season and beyond

Unfortunately due to Covid the 2021-2022 HP AAA program was reduced significantly with only a single Development Camp held in early December and the postponement of the 2022 Ontario Winter Games. However, Ringette Ontario made the decision to host their own year-end event for the AAA athletes to be held in Kingston on April 22-24.

With the postponement of the 2022 Ontario Winter Games another opportunity was created as Renfrew County is hoping to reschedule the Games for February 2023. This will allow for a new HP AAA program to be run for the 2022-23 season.

In addition given the regular rotation of the OWG schedule there will be another opportunity for the HP AAA program to be run again during the 2023-24 season to take place in Thunder Bay.

Therefore it will be an exciting next couple years for the HP AAA Program.

Western Region Coaches selected to Team Ontario for the 2023 Canada Winter Games

The Canada Winter games held every four years will take place in PEI in February 2023.

Congratulations to:

Sheri Markle (Waterloo Ringette Association) who was named as the Head Coach

Melanie Norris (Waterloo Ringette Association) who was named as an Assistant Coach

John Mezenberg (Guelph Ringette Association) who was name as an Assistant Coach

Erin Markle (Waterloo Ringette Association) who was named as an Apprentice Coach

Western Region Support for our HP Athletes – THANK YOU!

On behalf of the athletes and coaches involved in the Ringette Ontario HP Program, I would like to Thank Western Region and all their member associations for all their help and support this past season with the program.