

**Western Region Ringette Association**  
**High Performance Report**  
**September 15, 2022**

It will be a busy year for High Performance this season.

Given the cancelation of the Ontario Winter Games last February it was decided to reschedule and offer the opportunity to athletes again this season with six AAA Teams competing at the Ontario Winter Games in Renfrew/Ottawa.

In addition, Team Ontario will also be competing at the Canada Winter Games in Prince Edward Island.

**Ontario Winter Games**

Western Region will be well represented with 29 Western Region Athletes competing at the Ontario Winter games scattered over the six AAA teams that were formed earlier this past summer.

There were also a number of Western Region coaches selected to help make up the bench staffs for the six AAA teams competing.

The teams will be competing in camps/events in August (Ajax), October (Sudbury), December (Kitchener) and in February at the OWGs in Renfrew.

**Canada Winter Games**

Western Region will be well represented with 7 Western Region Athletes selected to the team this past spring. The team will also include 5 coaches from Western Region on the staff.

The Team will be competing in events in New Brunswick (July), Manitoba (October) and Quebec (January) and at the Canada Winter Games in PEI in February.

**We wish everyone Good Luck this season!**