

Western Region Ringette Association
High Performance Report
November 24, 2022

Ontario Winter Games

Western Region will be well represented with 29 Western Region Athletes competing at the Ontario Winter games scattered over the six AAA teams that were formed earlier this past summer.

There were also a number of Western Region coaches selected to help make up the bench staffs for the six AAA teams competing.

The teams have already competed in camps/events in Ajax and Sudbury and will be coming to the Kitchener area December 16-18 as their final warmup event before competing in February at the OWGs in Renfrew.

If you have the opportunity, come out and bring your teams to watch some of the best ringette players in our province compete while they are in our area.

Canada Winter Games

Western Region will be well represented with 7 Western Region Athletes selected to the team this past spring. The team will also include 5 coaches from Western Region on the staff.

The Team has competed in Events in New Brunswick, Manitoba, Quebec to date and will be competing in their final warmup event in Quebec in January and then on to representing Ontario at the Canada Winter Games in PEI in February.

AAA Next Season

The Ontario Winter Games will be held again in February 2024 in Thunder Bay. Stay Tuned for more information as it becomes available to take part in the next cycle.

We wish everyone Good Luck this season!