

**Western Region Ringette Association**  
**High Performance Report**  
**February 16, 2023**

**February is a busy month for High Performance in Ontario**

The month started off with a bang with the **Ontario Winter Games** in Renfrew County. Arnprior was the host of this year's event for Ringette where approximately 120 athletes and coaches competed on their respective teams for a chance to win Gold.

During the 4 days, the teams participated in Opening Ceremonies, Round Robin Play, Team Bonding and of course finishing with the Medal Games.

The talent showcased, was outstanding and as usual made lots of new fans as the local community fell in love with the sport.

Congratulations to all the Teams and especially to our Western Region Athletes and Coaches for an outstanding season!

OWG Standings

Gold – Team Orange

Silver – Team Red

Bronze – Team Black

And the month is not over with the **Canada Winter Games** being held in Prince Edward Island finally upon us. From February 18 to March 5, the event will bring together more than 3,600 participants to celebrate the very best in Canadian sport and is the pinnacle event of our sport in Canada.

Western Region will be well represented with 7 Western Region Athletes selected to the team and also includes 5 coaches from Western Region on the staff.

The Team has competed in Events in New Brunswick, Manitoba and Quebec to date and is looking forward to representing Ringette as members of Team Ontario.

A full schedule of the event can be found at [Schedule \(2023canadagames.ca\)](https://www.canadagames.ca/schedule) as well games will be live streamed at [Ringette \(canadagames.ca\)](https://www.canadagames.ca/ringette)

Please cheer the team on and help me to Wish Them Luck on behalf of Western Region and it's member associations.

**AAA Next Season**

The Ontario Winter Games will be held again in February 2024 in Thunder Bay. Stay Tuned for more information as it becomes available to take part in the next cycle.

**We wish everyone Good Luck this season!**