

**APPENDIX 2
MINIMUM SUSPENSIONS
Updated Feb 2018**

Rule #	Infraction	Suspension Length
	<u>Minimum Suspensions for Players</u>	
3.6	<i>Removing Helmet Infractions</i>	
	Any player who removes their chinstrap before or during a fight and a Game misconduct is assessed.	1 game
	If a player removes his/her helmet and releases the chinstrap to fight, and the opposing player does not, and the former is assessed an additional two-minute minor penalty and a Game Misconduct.	1 game
	If the player removes his/her opponent's helmet or releases the chinstrap before or during a fight. Game Misconduct is assessed.	1 game
4.1	<i>Pre/Post Game Altercations</i>	
	Any Player involved where Majors, Game Misconducts and Match Penalties are assessed.	2 games
	Any Team involved in a pre or post game brawl.	Indefinite
4.6	<i>Game Ejection/Game Misconduct</i>	
	A player assessed two (2) Game Misconducts in the same stoppage of play.	N/A
	A Player assessed three (3) or more Game Misconducts in the same stoppage of play.	N/A
4.7	<i>Gross Misconduct</i>	2 games
6.1	<i>Attempt to Injure (Match)</i>	
(a)	Deliberate Injury	2 games
(b)	Head Butting	3 games
(c)	Kicking	3 games
(d)	Hair Pulling / Grabbing Equipment	3 games
(e)	Using Facial Protector as a Weapon	3 games
	Kneeing	3 games
	Use of Blocker	3 games

Rule #	Infraction	Suspension Length
6.2	Boarding and Body Checking Boarding or Body Checking where a five (5) minute major penalty plus a Game Misconduct is assessed. Boarding or Body Checking when a Match penalty is assessed.	1 game 3 games
6.3	Charging Charging where a five (5) minute major penalty plus a Game Misconduct is assessed. Charging when a Match penalty is assessed.	1 game 3 games
6.4	Checking from Behind Checking from behind where a five (5) minute major penalty plus a Game Misconduct is assessed. Checking from behind when a Match penalty is assessed.	1 game 4 games
6.5	Head Contact Head Contact where a five (5) minute major penalty plus a Game Misconduct is assessed. Head Contact when a Match penalty is assessed.	1 game 4 games
6.6	Elbowing and Kneeing Elbowing or kneeing where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 game
6.7	Fighting Any player who engages in their 1 st fight in a season. Game Misconduct is assessed. Any player who engages in their 2 nd fight in a season. Game Misconduct is assessed. Any player who engages in their 3 rd fight in a season. Game Misconduct is assessed. Instigator or Aggressor of a fight: First Offense Second Offense Third Offense	1 game 2 games Indefinite 1 game 2 games 3 games

Rule #	Infraction	Suspension Length
6.7 cont.	Any Player wearing a ring or rings, tape or any other material on his/her hands who becomes involved in a fight and who uses such to gain an advantage or to inflict punishment and/or injury shall be assessed a Match Penalty in addition to any other penalties he/she may incur. Third man in a fight that is assessed a Game Misconduct. Any Player receiving a fighting major and Game Misconduct Penalty which is a result of a second or subsequent fight during the same stoppage of play.	2 games 2 games 2 games
7.4	Tripping Slew footing / Tripping where a five (5) minute major penalty plus a Game Misconduct is assessed. Slew footing/Tripping where a match penalty is assessed.	1 game 2 Games
8.1	Butt Ending Butt Ending where a Match penalty is assessed.	3 games
8.2	Cross Checking Cross Checking where a five (5) minute major penalty plus a Game Misconduct is assessed. Cross checking where a Match penalty is assessed.	1 game 3 games
8.3	High Sticking High Sticking where a Match penalty is assessed.	3 games
8.4	Slashing Slashing where a five (5) minute major penalty plus a Game Misconduct is assessed.	3 games
8.5	Spearing Spearing where a Match penalty is assessed.	3 games
9.2	Harassment of Officials/Unsportsmanlike Conduct Verbal Abuse of Officials (Zero Tolerance) when a Game Misconduct is assessed. Verbal taunts, insults or intimidation based on discriminatory grounds (race, ethnicity, religion, gender, sexual orientation, language) when a Gross Misconduct is assessed.	2 games Indefinite
9.5	Leaving a bench for the Purpose of Fighting Any player identified as the first to leave the players' bench during a fight or for the purpose of fighting.	3 games

	Any player identified as the first to leave the penalty bench during a fight or for the purpose of fighting.		4 games
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Rule #	Infraction	Suspension Length
9.6	<i>Physical Harassment of Official (Match)</i> Threaten or attempt to strike Intentionally touches, holds or pushes Intentionally strike, trip or body check	Indefinite (6-10 games)* Indefinite (11-30 games)* Indefinite (1 year)* *Length of suspension may be within the identified range.
9.7	<i>Spitting (Match)</i> Spitting on or at an Official or Team Official Spitting on or at an Opponent	Indefinite 3 games

Accumulation Sanctions for Minor Hockey Players

Players that are assessed multiple infractions of the same nature over the course of the season will also be assessed additional suspensions in accordance with the following listing.

Any player accumulating 2 Major penalties in the same season for a violation any of the following:

6.2	Boarding or Body Checking	6.6	Elbowing or Kneeing	2 games
6.3	Charging	7.4	Tripping	
6.4	Checking from Behind	8.2	Cross-Checking	
6.5	Head Contact	8.4	Slashing	

Any player accumulating 3 Major penalties in the same season for a violation of any of the following:

6.2	Boarding or Body Checking	6.6	Elbowing or Kneeing	4 games
6.3	Charging	7.4	Tripping	
6.4	Checking from Behind	8.2	Cross-Checking	
6.5	Head Contact	8.4	Slashing	

Any player accumulating 4 Major penalties in the same season for a violation of any of the following:

6.2	Boarding or Body Checking	6.6	Elbowing or Kneeing	Indefinite
6.3	Charging	7.4	Tripping	
6.4	Checking from Behind	8.2	Cross-Checking	
6.5	Head Contact	8.4	Slashing	

Any player accumulating 2 Match penalties in the same season for a violation of any of the following:

6.1	Deliberate Injury	4 games
6.2	Boarding or Body Checking	
6.3	Charging	

Any player accumulating 2 Match penalties in the same season for a violation of any of the following:

6.4	Checking from Behind	5 games
6.5	Head Contact	

Any player accumulating 3 Match penalties in the same season for a violation of any of the following:

6.1	Deliberate Injury	6.5	Head Contact	Indefinite
6.2	Boarding or Body Checking			
6.3	Charging			
6.4	Checking from Behind			

Any player who receives two (2) Game or Gross Misconducts under rule 9.2 in a season. **4 games**

Any Player who receives three (3) Game or Gross Misconducts under rule 9.2 in a season. **Indefinite**

Rule #	Infraction	Suspension Length
	Minimum Suspension for Coaches	
1.9	Ineligible Players/Team Officials	
2.2	Team official who is party to or had knowledge of playing a Player not properly registered with that team or properly affiliated to that team and/or allowing a Team Official who is not properly registered to that team to participate on the bench.	Indefinite
	Team official who is party to or had knowledge of playing a player or allows a Team Official to participate on the bench who is under suspension.	Indefinite
4.1	Pre/Post Game Altercations	
	Coach of the Team whose Player(s) are assessed Majors, Game Misconducts or Match Penalties during an altercation prior to or after the game.	Indefinite
	Any Team involved in a pre or post game brawl.	Indefinite
9.2	Harassment of Officials/Unsportsmanlike Conduct	
	Verbal Abuse of Officials (Zero Tolerance) when a Game Misconduct is assessed.	2 games
	Verbal taunts, insults or intimidation based on discriminatory grounds (race, ethnicity, religion, gender, sexual orientation, language) when a Gross Misconduct is assessed.	Indefinite
9.5	The Coach of the team whose player is penalized for leaving the players bench or penalty box during a fight or for the purpose of fighting.	3 games
	The Coach of the team whose player left the players bench or penalty box during a fight or for the purpose of fighting but was not identified as the first to leave during the altercation.	1 game
9.6	Physical Harassment of Official (Match)	
	Threaten or attempt to strike	Indefinite (6-10 games)*
	Intentionally touches, holds or pushes	Indefinite (11-30 games)*
	Intentionally strike, trip or body check	Indefinite (1 year)*
		*Length of suspension may be within the identified range.

Rule #	Infraction	Suspension Length
9.7	<i>Spitting (Match)</i>	
	Spitting on or at an Official or Team Official	Indefinite
	Spitting on or at an Opponent	3 games
10.14	<i>Refusing to Start Play</i>	Indefinite

Accumulation Sanctions for Minor Hockey Coaches

Coaches that are assessed multiple infractions of the same nature over the course of the season will also be assessed additional suspensions in accordance with the following listing.

The Coach of any Team that receives a combination of three (3) Major (including Fighting) or Match penalties in the same game. **1 game**

The Coach of any Team that commits a second violation of receiving a combination of three (3) Major (including Fighting) or Match penalties in the same game. **3 games**

The Coach of any Team that commits a third violation of receiving a combination of three (3) Major (including Fighting) or Match penalties in the same game. **Indefinite**

Any Coach who receives two (2) Game or Gross Misconducts under rule 9.2 in a season. **4 games**

Any Coach who receives three (3) Game or Gross Misconducts under rule 9.2 in a season. **Indefinite**

COVID Compliance

YKMH's return to play plan for all YKMHA members has been approved. This plan outlines all restrictions on and off the ice surface to help ensure the safety and wellbeing of all its members. Part of this plan will not have any games initially and ice times will be practices with considerations for social distancing. All athlete's, players, and family or friends are expected to follow all the guidelines as outlined by YKMHA and the CPHO of the NWT. It is important to acknowledge that it is not the responsibility of YKMHA to debate the effectiveness of measures put forward, (Masks, social distancing, health screening, etc) but it is important that YKMHA and its members follow the recommendations of the health professionals through this pandemic. YKMHA will only have a successful season if all its members participate in the return to play action plan fully. Failure of YKMHA and its members to follow the guidelines could result in the return to play plan being revoked and effectively cancelling the season for all its members.

A failure to follow the guidelines set forth will result in discipline actions as outlined on the following page.

Any YKMHA member, (Player, Parent, coach, etc) found to not be following any of the guidelines as laid out by YKMHA and / or the CPHO will be subject to the following during the first phase of the return to play guidelines (No Game Play):

Infraction examples for all YKMHA members: Spitting, using other persons H2O bottle, not wearing a mask when required, intentional contact of another individual, intentionally coughing on another individual, loitering around the ice surface or inside the arena when not required, on ice infractions, and / or game play when not permitted will be Subject to a 15 day suspension from any team or YKMHA activities and access to the facilities while YKMHA is using them will be denied. A second infraction by the same YKMHA member will result in a 31-day suspension for all YKMHA activities. A third infraction will result in the complete removal for the remainder of the season.