



## YELLOWKNIFE MINOR HOCKEY ASSOCIATION

### DRESSING ROOM ETIQUETTE AND POLICIES

IMPLEMENTED: Oct 20<sup>th</sup>, 2016

#### DRESSING ROOM ETIQUETTE

Players and coaches will ensure that the facilities that are used by YKMHA players are respected and protected against vandalism and kept in a clean order while in the care and control of YKMHA. In the event that a YKMHA team takes over a dressing room that is damaged, excessively dirty or vandalized in any way, the coaching staff shall report this to the rink attendants prior to taking control of the room. In the event a YKMHA team is responsible for the damage, excessive garbage or vandalism, that team will be sanctioned and may be held responsible to pay for damages. This rule applies both at home and when traveling as a YKMHA Team.

It is the responsibility of the coaches and managers to ensure that the locker rooms are locked. YKMHA nor the City of Yellowknife accept any responsibility for lost or stolen items as a result of unlocked dressing rooms.

#### DRESSING ROOM SUPERVISION

Players should be supervised at all time. A lone personnel member should never be in the dressing room with players at any time and especially when they are showering or changing. Two adults should be present together called the "Two Deep Method" of supervision. Should separate dressing rooms be required, both dressing rooms require the appropriate adult supervision. In the event that only one personnel member is available to supervise, that person shall remain outside the dressing room at the door should someone require immediate assistance. Coaches may not use parents as dressing room supervisors unless that parent has a valid Criminal Record Check on file with YKMHA.

#### FEMALE TEAM SUPERVISION

It is recommended that when using the "Two Deep Method" with female hockey teams, there shall be two female supervisors with the players where possible. If not possible there may be one (1) male and one (1) female supervisor. The male supervisor however, would not enter the dressing room but would be within hearing distance to protect supervisors or players. At no point will the male supervisor enter the dressing room alone. Prior to entering the dressing room with a male supervisor, the male supervisor must knock at the door and be cleared to enter by the female supervisor. Refer to the Co-ed Dressing Room Policy later in this document for further guidance and direction.

## INJURY TREATMENT IN DRESSING ROOMS

The safety person should avoid treating injuries out of sight of others. Use the "Two Deep Method" (two adults) supervision system.

## SMART PHONE AND RECORDING DEVICE POLICY

The use of smart phones, camera phones or any devices that has the capability to record either voice or video are prohibited from use inside the dressing rooms. If a phone is to be used to play music, that device must be given to a coach to be controlled.

## PARENTS IN THE DRESSING ROOM POLICY

Except for players up to and including the Atom Division, parents are restricted from entering the dressing room without consent of the coaches or team manager. If a player, over the Atom Division, needs assistance with his or her uniform or gear, if the player is or may be injured, or a player's disability warrants assistance, then the parents of guardians as asked to make arrangements with the coaching staff to assist where required.

Naturally, with our youngest age groups it is necessary for parents to assist the players getting dressed. We encourage parents to teach their players as young as possible how to get dressed so that players will learn as early as possible how to get dressed independently. In circumstances where parents are permitted in the locker rooms, coaches are permitted to ask that the parents leave for a short time before the game and for a short time after the game so that the coaches may address the players. As players get older, the coach may in his or her discretion prohibit parents from the dressing room. In general, parents should not enter the dressing room if players undress to less than shorts and a t-shirt.

## CO-ED DRESSING ROOM POLICY

While in Yellowknife, Female and Male players shall not sharing dressing rooms beyond the age of Novice. The underrepresented gender shall use Room 5 at Shorty Brown, Room 10 at Ed Jeske and Room 5 at the YK Arena. When coaches are holding pre and post-game meetings, both male and female players shall be wearing no less than shorts and a t-shirt at all times.

When away from Yellowknife where separate dressing rooms may not exist, the following shall be adhered to;

- 1) The minimum dress code at all times for teams consisting of both male and female players is shorts and t-shirt while in each other's presence.

- 2) When separate facilities exist for both male and female participants, males and females shall make use of these separate facilities in order to change to the point that they can adhere to the dress code described in point 1 above. (Note: Once dressed in accordance with the minimum requirements above, all players may return to the team co-ed dressing room).
- 3) When separate facilities do not exist, players shall dress, undress and shower in shifts while maintaining the minimum dress code identified in point 1 above when both genders are present. Players of the under-represented gender shall be granted access to the shower facilities after the balance of the team.
- 4) It is the responsibility of the team officials to ensure these guidelines are followed.