

# **HANDLING INSTRUCTIONS:**

## **Preparation Instructions:**

Prepare from frozen. Since appliances vary, heating instructions are guidelines only

#### **Conventional Oven:**

Preheat oven to 350° (177°C), place sausage in a single layer on a baking tray in center of oven. Bake for 12-15 minutes.

# Microwave (1000 watts):

Place 1-2 sausages in a microwave safe dish. Cook on high for 1-1½ minutes.

## Pan-Fry:

Cook for 5-7 minutes

