

## **HANDLING INSTRUCTIONS:**

## **Preparation Instructions**

Heat pulled chicken to a minimum internal temperature of 160°F/ 74°C. Since appliances vary, heating instructions are guidelines only.

## **Stove Top Method**

Open pouch and pour contents into a medium sized pan. Add 1-2 Tbsp of water and begin to warm the chicken on medium heat. Slightly break larger pieces using a fork and continue to heat for 3-5 minutes. Stir occasionally. Serve once chicken has been heated thoroughly.

## Microwave Method

Open pouch and place pulled chicken in microwave-safe dish. Heat on high power for 2-3 minutes. Stir chicken and heat for another 2-4 minutes or until chicken is heated thoroughly. Let pulled chicken cool for 1 minute before serving.

