

# York Region Lions Football

Return to Play Spring 2021

Stage Three

Updated July 16, 2021



# Document Details


Area	Details	Related Links
Version	1.0	n/a
Author	J. Tavares	n/a
Contributors	M. Trelford, J. Fortier, W. Craney, A. Geisler	n/a
Source Documents	Football Canada Return to Play 2020, 2021 Football Ontario Road to Reopen	<a href="http://footballcanada.com/return-to-football-document-released-by-football-canada/">http://footballcanada.com/return-to-football-document-released-by-football-canada/</a>
	York Region Health	<a href="https://rb.gy/9vn5xg">https://rb.gy/9vn5xg</a>
	Province of Ontario – COVID 19	<a href="https://www.ontario.ca/page/reopening-ontario#section-1">https://www.ontario.ca/page/reopening-ontario#section-1</a>
Retention	YRFA Google Drive	Covid Planning

# Introduction

This document details the Stage Three Return to Play plan for the York Region Lions Football Association. Our plan establishes tracing protocols in alignment with York Region's placement in the Province of Ontario's Covid Framework, Stage Three.

At this time, YRFA will be returning to full competition and tackle, with some limitations in place for spectators and contact tracing.

All programs will be run in accordance with Ontario Football Alliance's Return to Football Guidelines and Football Canada's Return to Play Guidelines. Both are listed as reference documents for this plan. In addition, we've aligned our participation to the Province of Ontario's Roadmap to Reopen Framework.




# Responsibilities by Role

## Role Responsibilities

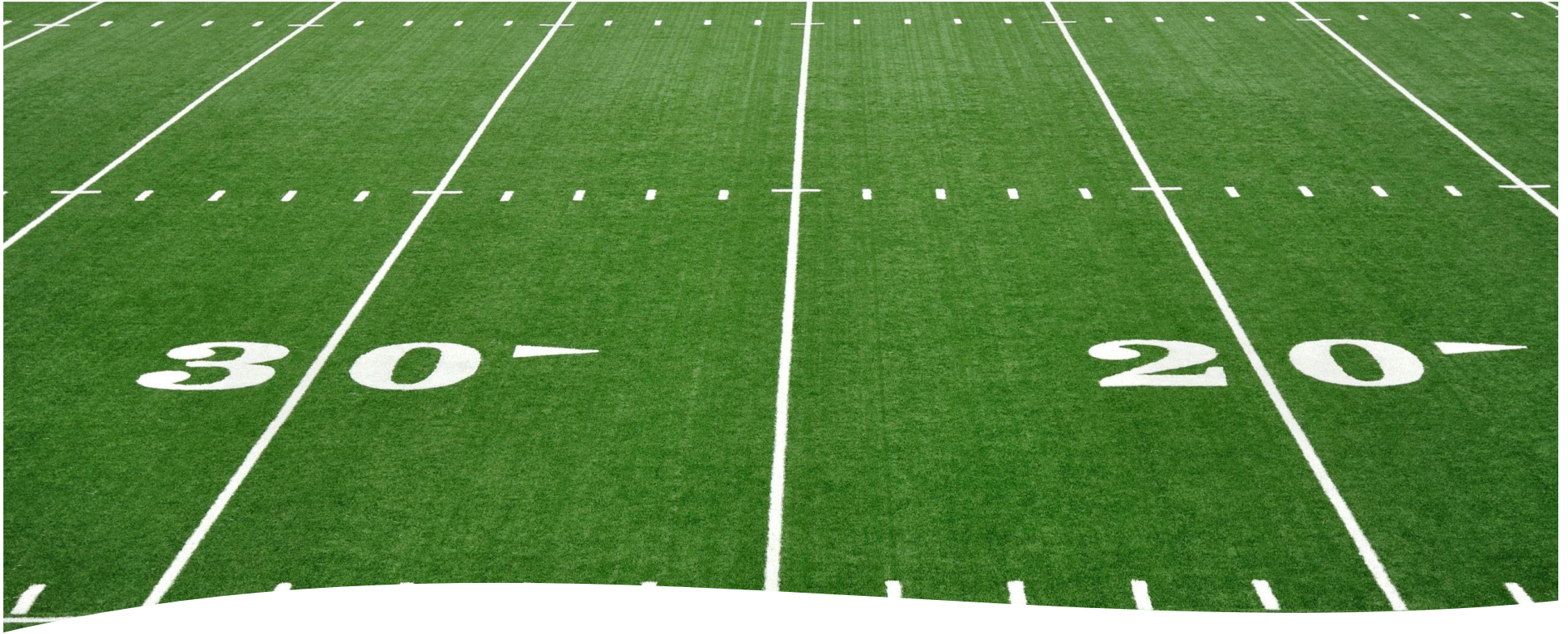
Role	Responsibility
Athlete	<ul style="list-style-type: none"><li>• Be aware of and comply with all hygiene guidelines.</li><li>• Complete COVID-19 assessment prior to each session.</li><li>• Provide your association or league with notice if you have a positive test for COVID-19.</li><li>• Complete weekly screening prior to arriving at the field.</li></ul>
Coaches	<ul style="list-style-type: none"><li>• Help athletes understand and learn the process.</li><li>• The Equipment Coordinator is responsible for providing equipment for each cohort, and for managing its storage at the field. Equipment that coaches can use at this time are shields, butter bags/step-over bags, blocking bags, sleds, chutes, skipping ropes.</li><li>• Ensuring the participants understand the process and rules of this document.</li><li>• To communicate to participants the process of attending the facility and exiting as set out by the YRFA's plan.</li><li>• To remain masked when coaching.</li><li>• Complete and participate in the YRFA screening process.</li></ul>
Spectators	<ul style="list-style-type: none"><li>• Spectators will adhere to the Ontario Football Alliance and Football Canada's Codes of Conduct, as well as the York Region Football Code of Conduct.</li><li>• Spectators will remain masked.</li><li>• There are two spectators per player permitted within Lions Homefield, within the fenced perimeter..</li><li>• Spectators are asked to only engage with athletes within their 'bubble'</li></ul>

# YRFA Responsibilities

- *The YRFA has designated Michelle Trelford as their Safe Sport Officer, who is responsible for the administration of the YRFA Return to Football Plan.*
- Associations will provide to the FO their declaration as to which pathway they will be following and a clear, concise and detailed plan which includes:
- The YRFA has opted to run both a Flag and a Full Tackle (Football Canada Level 5, Ontario Stage Three) that will establish fixed rosters at all age levels. We plan on six age groups: U8, U10, U12, U14, U16, U18.
  - Rosters will be provided once registration is complete
  - Each participant must hold discipline specific FO insurance.
  - The YRFA Coach Registration Module NCCP Report will provide NCCP numbers to FO
- Participant Waivers have been posted online (YRFA.ca)
  - Waivers will be completed weekly prior to the week's sessions
  - Waivers will be kept on file pursuant to the YRFA Retention Policy
- Any player found to have a positive test for COVID-19 and has been exposed to the other participants on that team, would cause the team/club to immediately cease set discipline sessions where an exposure has occurred.
  - Per public health guidelines, activation of the tracing protocol would commence
  - York Region Public Health would be contacted
- YRFA has requested access to Registration Reports with the FO to facilitate confirmation that all coaches and players have purchased insurance.
- Prior to participants arrival each week, a reminder email will be issued with entry and exit protocols for Lions Homefield. This is also posted at YRFA.ca
- Included in entry and exit protocols is the diagram showing player drop off and pick up to ensure no cross interactions between cohorts.
- YRFA homefield will be set up with signage to communicate the exit/entry protocol.
- In FC Level 5, Ontario Stage Three, YRFA can and will host/participate in regional competition.
- Spectator limitations – Spectators within the field perimeter at Lions homefield are limited to two individuals per player.
- A copy of this plan has been submitted to the FO for review.



# COVID Safety Protocols – All Roles



## Introduction

The health and safety of our members is paramount. The protocols contained in this session will ensure the YRFA is able to provide programming for Spring and Fall 2021. Our ability to engage in football this season depends on 100% compliance with these protocols, which have been crafted with your safety in mind.



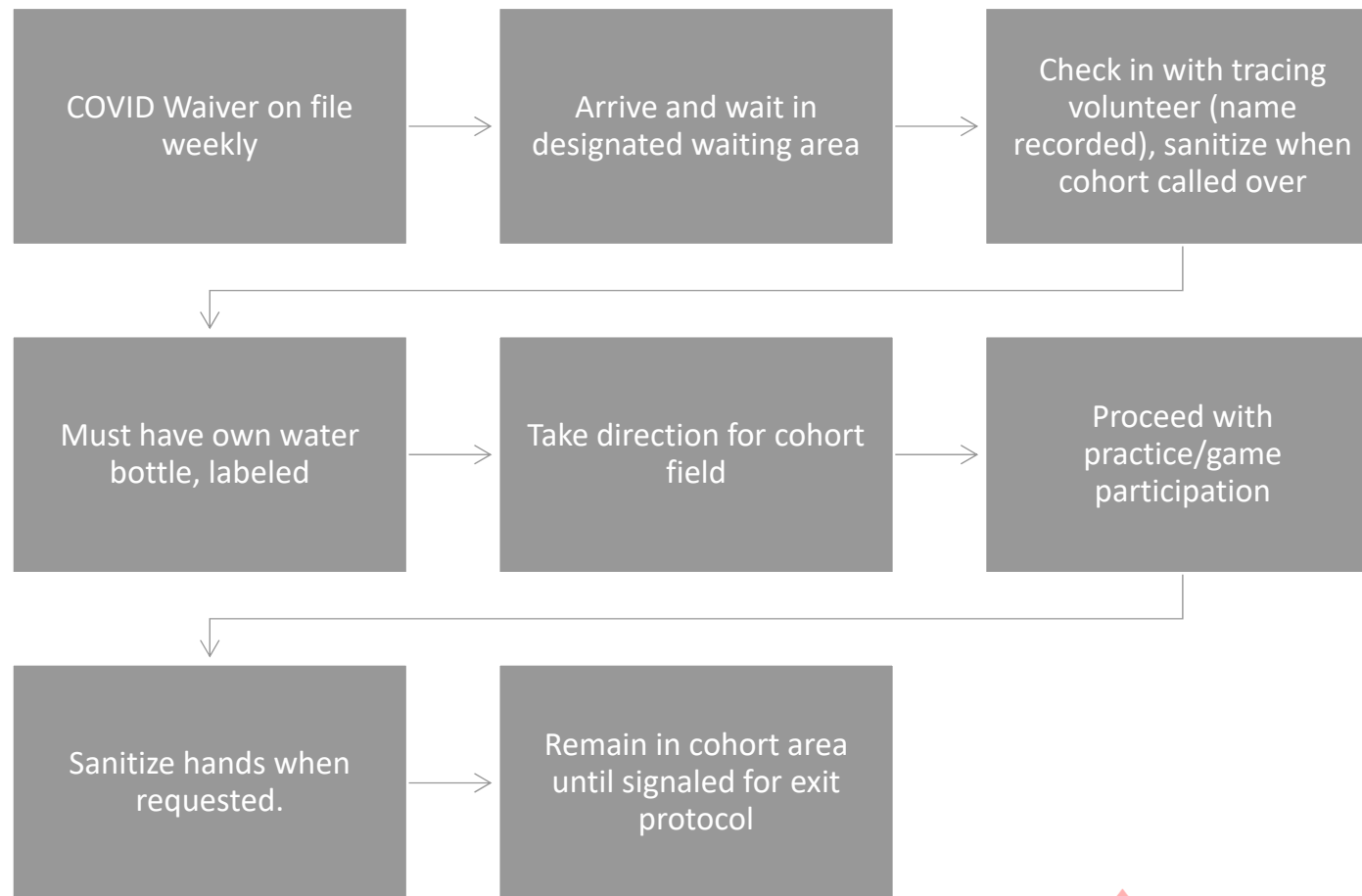
# Protocols for All Roles

- Athletes, coaches and board members will have insurance through (registered with) the FO (Level 5/Stage Three)
- Physical distancing is required for spectators, not for players participating in programming.
- No person should come to practice if they have any symptoms of COVID-19, or if they have been exposed to anyone who has symptoms. A 14-day isolation period will be required before returning to the field.
- Access to the field is controlled. Players, coaches and board members will be permitted access, along with two spectators (masked) for each player.
  - All shared equipment will be sanitized (cones, ladders, footballs, bags) before and after each practice.
  - Coaches, spectators and volunteers must wear a mask. Players are not required to wear a mask.
  - Two spectators of players are permitted inside the perimeter, but must remain in the stands.

# Protocols for Players

- Players must arrive in the 15-minute window before the start of their practice.
- Late arrivals will experience delays getting on the field and will miss all or part of the session
- Players must arrive READY TO PLAY. Players are permitted bags. Players must arrive – cleats on, mouth guard in pocket, proper apparel for the weather, and water bottle in hand..
- Mandatory check in at the Tracing Table, which includes sanitizing hands, and heading straight to the designated field area for their cohort.
- Player water bottles must be clearly labeled.
- At the end of the session, athletes and their coaches must remain in their designated field area until signaled for their exit time.

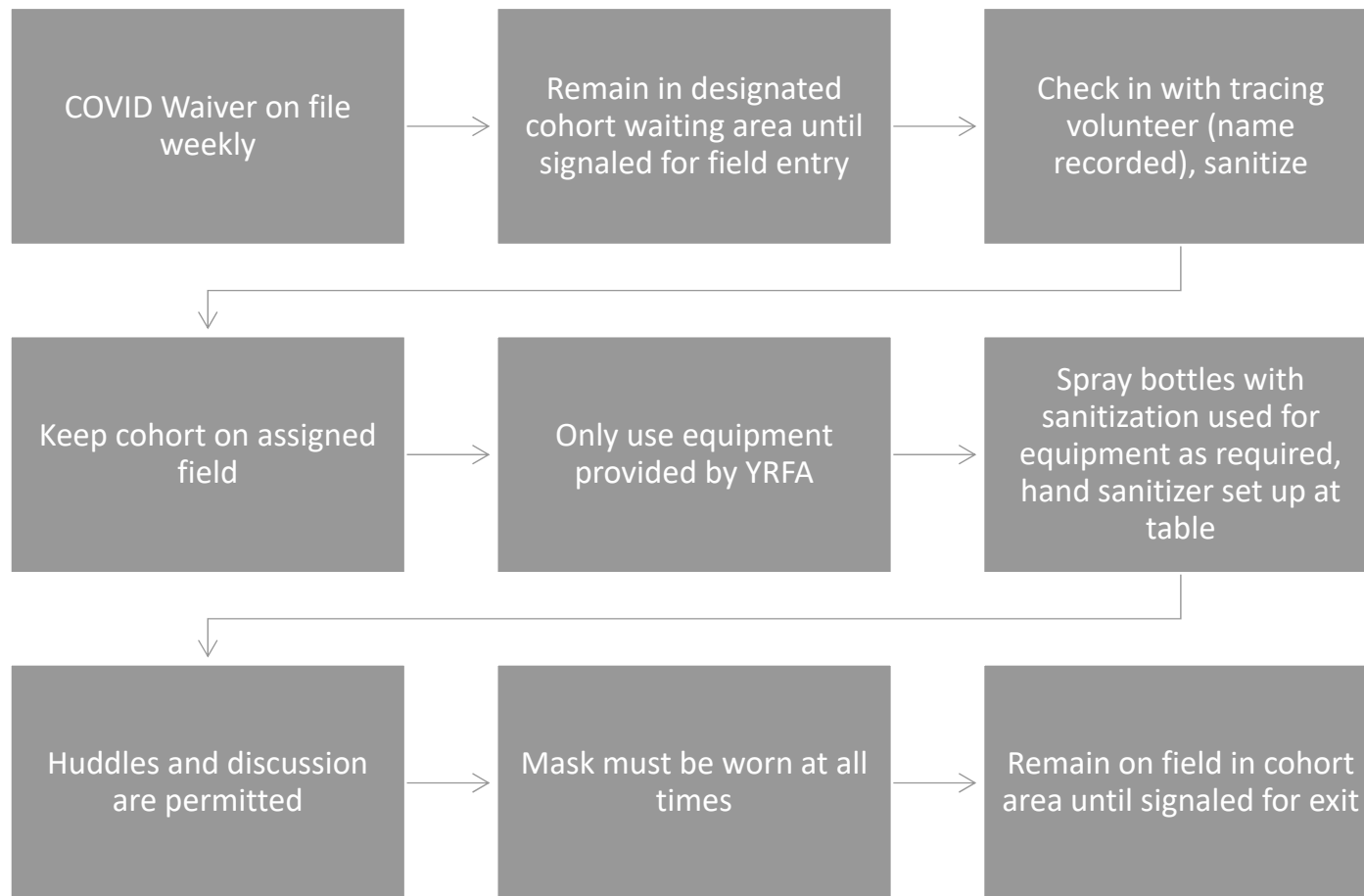
# Player Process – Practices/Games



# Protocols for Coaches/Board Members

- Mandatory check in at the Tracing Table, where hands will be sanitized and masks must be on
- Each field will have its own sanitization table, where coaches can access hand sanitizer and spray
- Masks must remain on at all times
- Follow entry and exit protocols at Lions homefield

# Coach Process - Practice



# Protocols for Parents/Spectators

- A maximum of two spectators per player are permitted within the fence perimeter at Lions Homefield.
- All spectators are asked to wear a mask.
- Parents must ensure that athletes arrive on time and ready to participate

## Waiver – All Participants

Coaches, players, board members and participants will be required to complete a self assessment checklist and complete a waiver prior to participating in weekly sessions

These waivers will remain on file for the duration of the season

In the event that a tracing protocol must be enacted, these assessments will be referred to

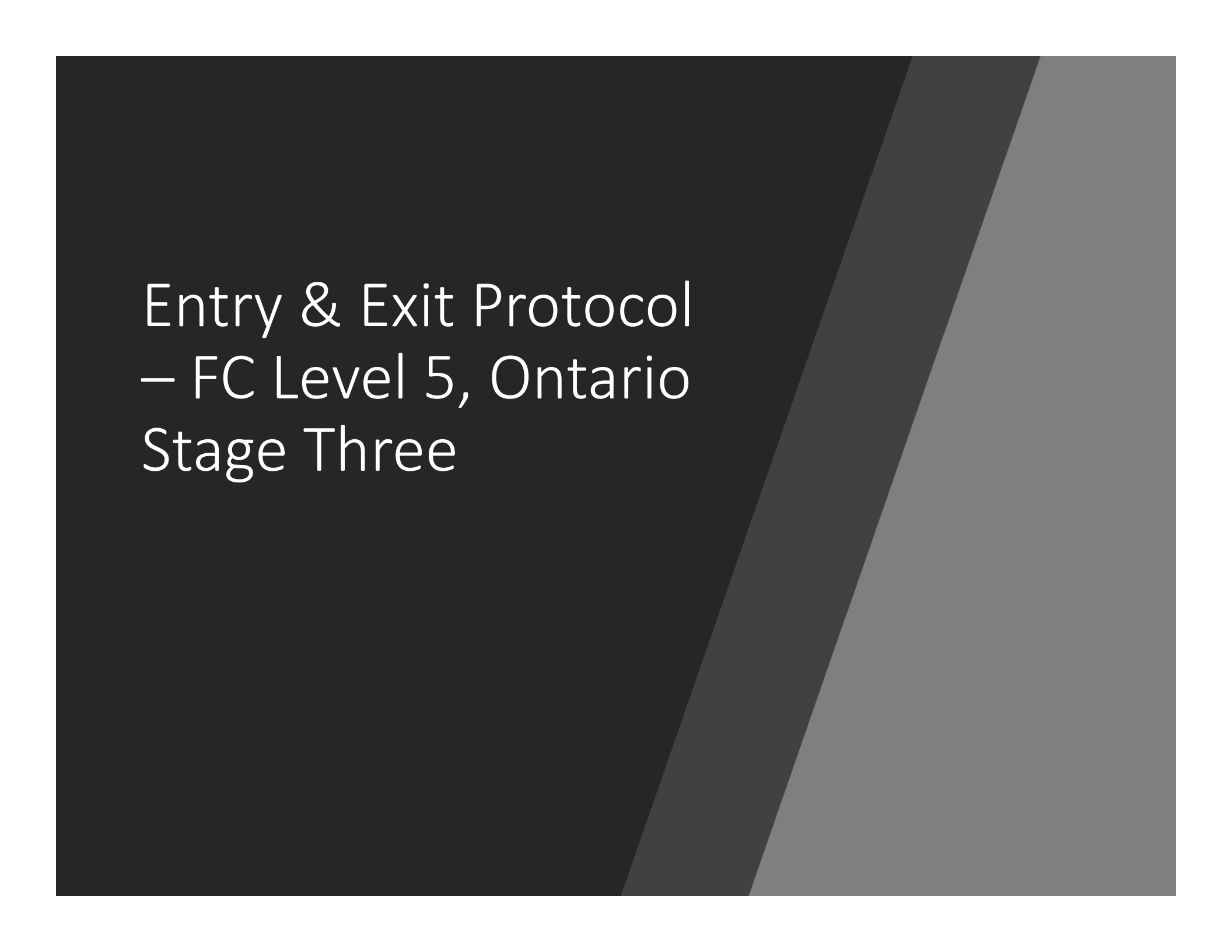
**Waiver: <https://forms.gle/EKexV4fg1LEXXDCcA>**

By the  
Numbers –  
FC Level 5,  
Ontario  
Stage Three

Participant Group	Total # Permitted per Session	Activity
Players	No limit, governed by roster size	Flag or full tackle
Coaches	2 per age group	Flag or full tackle
Field Volunteer/set up	5-8	Flag or full tackle
Tracing Check in	2 minimum	Flag or full tackle







# Entry & Exit Protocol

- FC Level 5, Ontario
- Stage Three

# Assigned Entry Times – Spring Flag

Role	Entry Time (Arrive at Field)	Field	Enter Field	Exit Field
Tyke & Atom Athletes + Coaches	5:45PM	St. Max	6PM	7PM
Pee wee Athletes + Coaches	6:45PM	St. Max	7PM	8PM
Bantam Athletes + Coaches	7:45PM	St. Max	8PM	9PM
JV Athletes + Coaches	6:45PM	Shepherd's Bush	7PM	8PM
Varsity Athletes + Coaches	7:45PM	Shepherd's Bush	8PM	9PM

## Assigned Entry Times – Fall Tackle

Role	Entry Time (Arrive at Field)	Field	Enter Field	Exit Field
Atom Athletes & Coaches	6:15PM	St. Max	6:30PM	8PM
Pewee Athletes & Coaches	6:15PM	St. Max	6:30PM	8:30PM
Bantam Athletes & Coaches	6:15PM	St. Max	6:30PM	8:30PM
JV Athletes + Coaches	6:15PM	Field tbc	6:30PM	8:30PM
Varsity Athletes + Coaches	6:15PM	Field tbd	6:30PM	8:30PM

## Assigned Entry Times – Fall Flag

Role	Entry Time (Arrive at Field)	Field	Enter Field	Exit Field
Tyke Athletes + Coaches	6:15PM	Field tbd	6:30PM	7:30PM
Pewee Athletes & Coaches	7:15PM	Field tbd	7:30PM	8:30PM
Bantam Athletes & Coaches	7:15PM	Field tbd	7:30PM	8:30PM
Atom Athletes & Coaches	6:15PM	Field tbd	6:30PM	7:30PM

# Entering any Lions Field

Access to Lions fields is controlled. Coaches, players, limited spectators and volunteers are permitted masked within the fence and in the waiting area.

- Players will arrive and be directed to a waiting area for their cohort. There are signs posted indicating where players should line up
- Once field entry protocols begin, late players will be told to wait.
- Adherence to this protocol must be 100%, otherwise we will be unable to provide programming
- Players remain in their waiting area until they are called over for entry protocol.
- Players will be confirmed to have completed the YRFA Tracing Protocol.
- Players are no longer required to be masked to enter and exit the field.
- Players will be directed to their cohort assigned area.

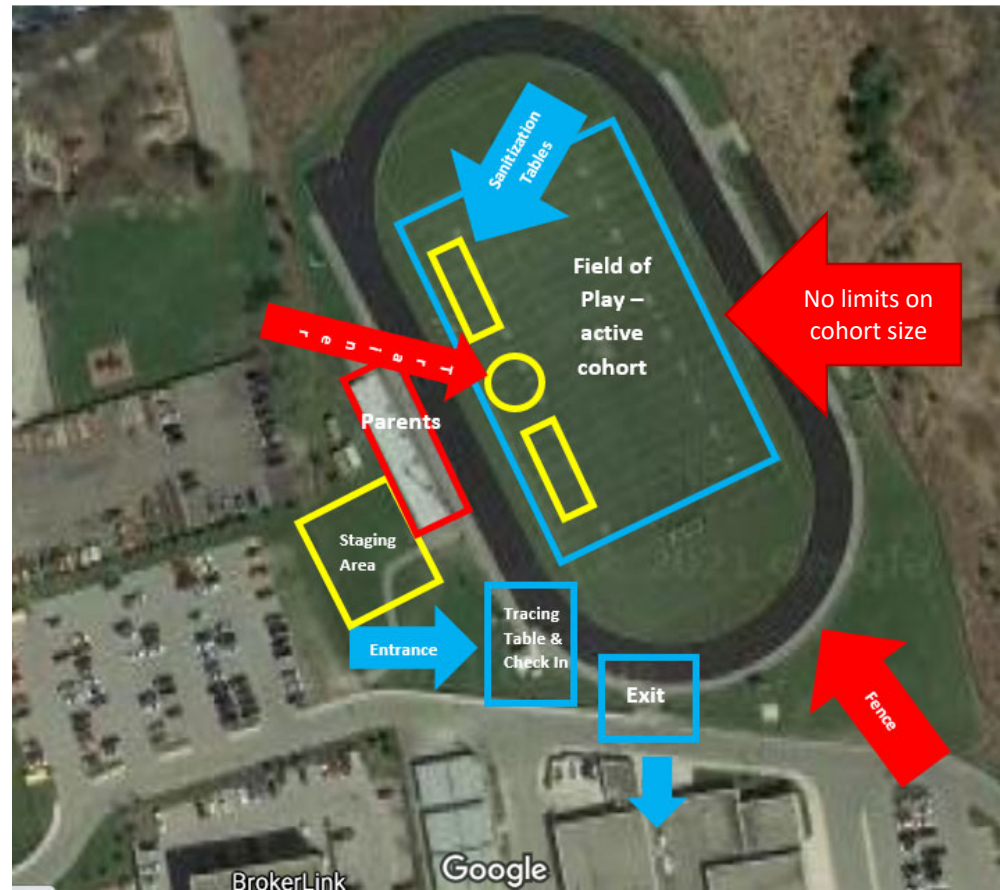
# Exiting Lions Field

Please refer to the Lions Homefield Layout

- Athletes will remain on their cohort field until called for exit protocol. Masks for players are no longer required.
- Upon exiting the field, players must sanitize their hands
- Parents are asked to remain in vehicles or well back along the fence Parents must maintain social distancing, and remain masked.
- Parents are asked not to engage with athletes outside their bubble
- Players are discouraged from mingling with players outside their cohort

St. Max Kolbe  
CHS

Field Layout  
All Cohorts



# Shepherd's Bush

## Field Layout All Cohorts





# Activity Structure



# Flag Programming

- Personal water bottles only, clearly labeled
- Consider adding additional timeouts to allow for hand hygiene.
- Each field cohort has their own footballs & equipment
- Provide additional footballs if possible, to allow for more frequent equipment switches and sanitize footballs as often as possible.
- All participants must maintain 2 m social distancing on sidelines (including coaches).
- All players must have their own flags and flag belts. There are no replacement mouth guards.
- Coaches, managers and first aid responder/trainers must wear masks/face coverings.
- Discourage players from removing and re-inserting mouth guards. Mouth guards should be sanitized if they fall out.
- All participants must use hand sanitizer before and after a session.
- Disinfecting procedures for all personal & field equipment between Cohorts.
- Spectator limitations – two spectators permitted within the fence perimeter of Lions Homefield, masked.
- As a rule, all adult personnel on the sidelines that will possibly have close contact with the athletes (i.e. athletic therapists, equipment manager) should wear masks/face coverings.
- If gloves are worn by participants, they must be cleaned as regularly as hand sanitizing.

# Tackle Programming

- Personal water bottles only, clearly labeled
- Consider adding additional timeouts to allow for hand hygiene.
- Each field cohort has their own footballs & equipment
- Provide additional footballs if possible, to allow for more frequent equipment switches and sanitize footballs as often as possible.
- All players are assigned their own equipment. There are no replacement mouth guards.
- Coaches, managers and first aid responder/trainers must wear masks/face coverings.
- Discourage players from removing and re-inserting mouth guards. Mouth guards should be sanitized if they fall out.
- All participants must use hand sanitizer before and after a session.
- Disinfecting procedures for all personal & field equipment between Cohorts.
- Spectator limitations – two spectators maximum per participate inside perimeter of Lions Homefield.
- As a rule, all adult personnel on the sidelines that will possibly have close contact with the athletes (i.e. athletic therapists, equipment manager) should wear masks/face coverings.
- If gloves are worn by participants, they must be cleaned as regularly as hand sanitizing.

# Activity Structure – U8 and U10 Flag

Dates: Mondays/Wednesdays

Months: September/October

Times: 6:30PM – 7:30PM

1. 2 sessions per week
2. Field separated into two cohorts
3. Programming is flag play
4. Each group has 1 coach per ten players
5. Coaches/Volunteers are masked
6. Contact tracing in effect
7. Players are not masked



# Activity Structure – U12 and U14 Flag

Dates: Mondays/Wednesdays

Months: September/October

Times: 7:30PM – 8:30PM

1. 2 sessions per week
2. Field separated into two cohorts
3. Programming is flag play
4. Each group has 1 coach per ten players
5. Coaches/Volunteers are masked
6. Contact tracing in effect
7. Players are not masked



# Activity Structure – U10, U12, U14 Tackle

Dates: Mondays/Wednesdays

Months: Mid August, Sept, Oct

Times: 6:30PM – 8:30PM

1. 2 practices, 1 game per week
2. Field separated into two cohorts
3. Programming is tackle
4. Each group has 1 coach per ten players
5. Coaches/Volunteers are masked
6. Contact tracing in effect
7. Players are not masked



# Activity Structure – U16, U18+ Tackle

Dates: Tuesdays/Thursdays

Months: Mid August, Sept, Oct

Times: 6:30PM – 8:30PM

1. 2 practices, 1 game per week
2. Field separated into two cohorts
3. Programming is tackle
4. Each group has 1 coach per ten players
5. Coaches/Volunteers are masked
6. Contact tracing in effect
7. Players are not masked



# Spring Flag Schedule

Group	Days	Times	Months	Field	Overflow
Tyke & Atom	M/W	6-7PM	June & July	St. Max	Newmk't High
Peewee	M/W	7-8PM	June & July	St. Max	Newmk't High
Bantam	M/W	8-9PM	June & July	St. Max	Newmk't High
JV	T/TR	7-8PM	June & July	Shepherd's Bush	n/a
Varsity	T/TR	8-9PM	June & July	Shepherd's Bush	n/a



# Fall Flag Schedule

Group	Days	Times	Months	Field	Overflow
U8	M/W	6:30PM – 7:30PM	Sept & Oct	Tbd	Tbd
U10	M/W	6:30PM – 7:30PM	Sept & Oct	Tbd	Tbd
U12	M/W	7:30PM – 8:30PM	Sept & Oct	Tbd	Tbd
U14	M/W	7:30PM – 8:30PM	Sept & Oct	Tbd	Tbd

# Fall Tackle Schedule

Group	Days	Times	Months	Field	Overflow
U10	M/W	6:30 – 8PM	Aug, Sept, Oct	Tbd	Tbd
U12	M/W	6:30 – 8:30PM	Aug, Sept, Oct	Tbd	Tbd
U14	M/W	6:30 – 8:30PM	Aug, Sept, Oct	Tbd	Tbd
U16	T/TR	6:30PM – 8:30PM	Aug, Sept, Oct	Tbd	Tbd
U18+	T/TR	6:30PM – 8:30PM	Aug, Sept, Oct	Tbd	Tbd

# PPE

- YRFA will not supply masks to players, volunteers or coaches
- YRFA will supply all hand sanitizer and sanitization spray for any equipment
- In FC Level 5, Ontario Stage Three masks are required at all times for volunteers on the field, coaches and spectators. Those without masks will not be permitted access to the field
- Players are not required to wear masks while in play, on the field or when entering the field.
- The field will be set up with 2-3 sanitization stations (dependent on field)

# Equipment

1

All equipment will be sanitized prior to and after each session. This includes balls and cones. Players receive their own flag/belt or tackle football equipment.

2

Sanitization spray bottles will be available at each team's sanitization table for equipment

3

Each team will receive their own equipment that will be stored at the field each practice. The bin includes balls, ladders, first aid kit and tackle dummies/bags.

4

The Equipment Coordinator will issue equipment from the bin.

5

Field equipment will be provided by YRFA for non contact & contact sessions and includes:

- Balls
- Hurdles
- Ladders
- Flags & belts
- Stepover bags



# Registration & Equipment

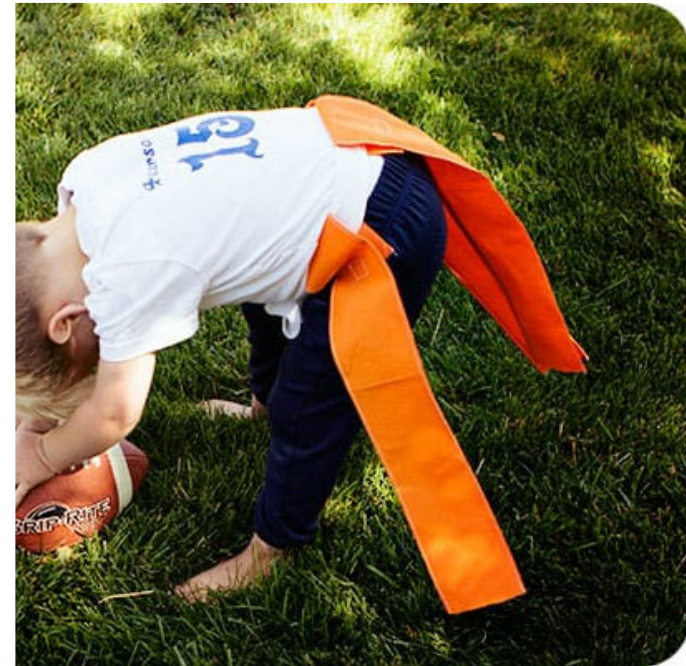
# Registration

- All registration will be completed online and in advance. There will be no exchange of paperwork at the field.
- Method of payment is online.
- Participants are responsible for their FO fees.
- Both flag and tackle programs are governed by league constitutions – which allow players from any area.



# Equipment - Athletes

- Social distancing guidelines are in place for arrival at the field – flag equipment is issued the first day at the field, with tackle equipment issued on a separate/date and time for fitting.
- Mouth guards will be issued the first night of participation, and must be worn by the athlete during all sessions. Extra mouth guards will not be on hand.
- Each cohort receives their own bin of equipment to use, which is sanitized in between uses
- All players will be supplied with one set of equipment appropriate to the discipline. There is no spare equipment.





# Tracing Protocol



# Tracing - YRFA

- Prior to each week's participation, parents/guardians are required to complete the online tracing questionnaire. Reference: <https://forms.gle/EKexV4fg1LEXXDCcA>
- The Tracing Check In Table has binders for each age group, where this information will be checked off as players enter the field (attendance). There is a separate binder for staff, who have to complete the same questionnaire each week.
- Each Sunday evening, data from that form will be integrated with Registration System Data, to create a check in sheet, alphabetical by last name for each team that includes:
  - Online Questionnaire complete Y/N (if no, must complete prior to taking the field)
  - First Name
  - Last Name
  - Date

NB – The YRFA Registration System contains all contact information for both parents plus an emergency contact should this be required. There is no need for parents/guardians to complete this again.

# Contact Tracing

- Contact tracing will be completed in a binder for each age group
- All field participants will complete a tracing waiver in advance of attending the field
- For each session, attendance taking is mandatory so that we know who was on the field when, and in what company
- Each player/coach is required to check in at the contact tracing table prior to session, each session
- The contact tracing table will be manned by a YRFA, masked board member. They will also act as entry control, to ensure that no parents/spectators enter the field
- All records will be retained in accordance with YRFA retention policies

# Compliance – Embedded in Registration

- Parents/participants agree to compliance by way of the YRFA registration system. This reduces the amount of paper files required, and allows YRFA to easily pull data sets.
- Included now in the YRFA RAMP Registration System:

*Ontario Football Alliance and its affiliated leagues, and clubs (collectively the Organization) require disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further spread of COVID 19.*

*This declaration of compliance will be kept safely, and personal information will not be disclosed unless required by law or with your consent. An individual (or an individual's parent/guardian) who is unable to agree to the terms outlined here is not permitted to enter the Organization's facilities or participate in the Organization's activities, programs or services.*

*I, being the individual named in this registration or the individual's parent/guardian, by submitting this form, hereby acknowledge and agree to the terms outlined above.*

*Click – Yes (proceed), No (do not proceed)*

*Included in registration: athlete name, form completed by, email address, club.*

# Consent – Embedded in Registration

- Informed consent form has been integrated into the YRFA RAMP Registration System.
- This informed consent includes:

*I (athlete name) understand that I am practicing or playing in an activity sponsored by the York Region Football Association.*

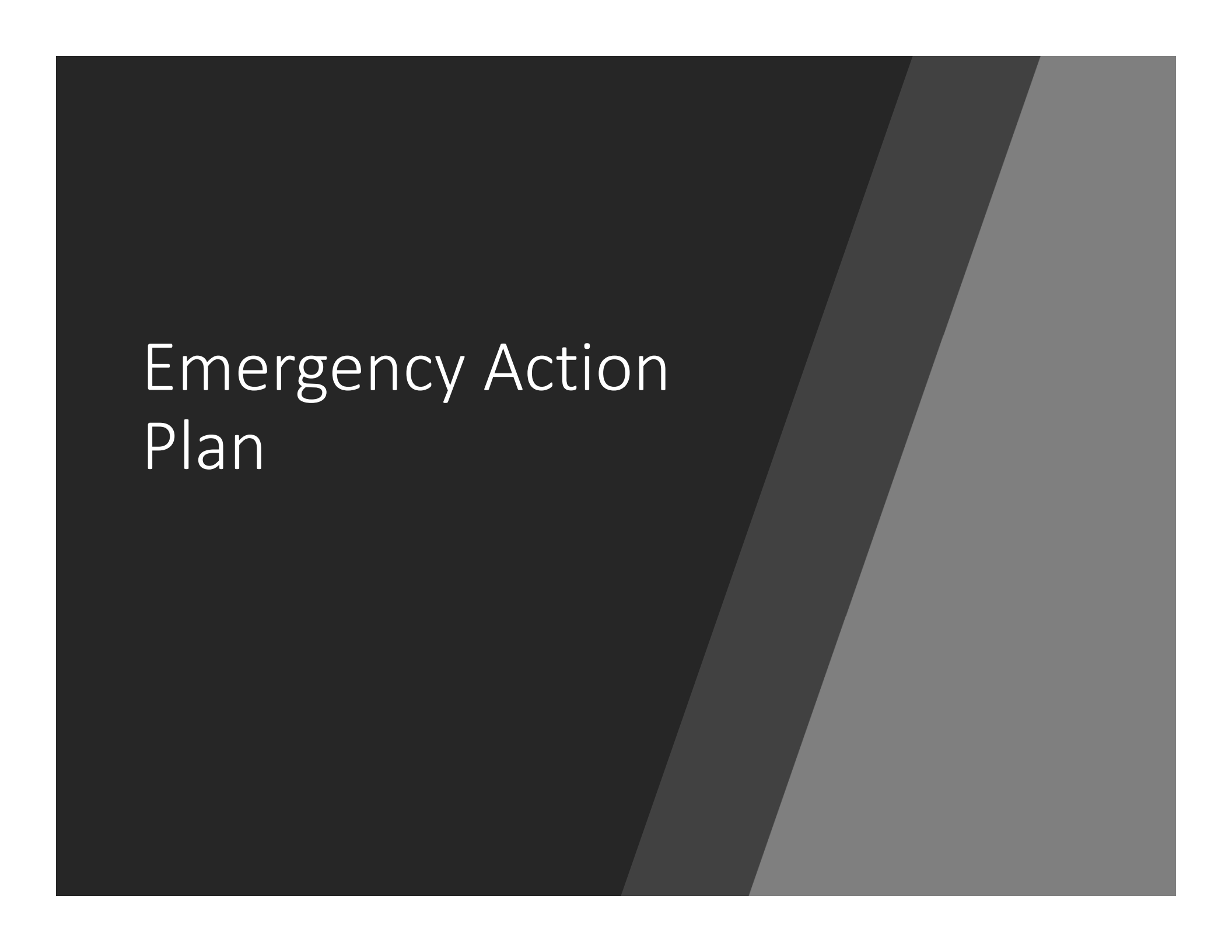
*We are currently permitting those athletes to participant in this activity. This waiver must be agreed to in this registration before any use of our facilities is made.*

*Individuals who have traveled outside Canada within the previous 14 days or who are sick or who have been in contact with someone who is suspected of having COVID 19 must not use the facilities or participate.*

*This access may be withdrawn at anytime based on Regional Health Authority recommendations.*

*By agreeing to this waiver, you are aware that you (or your child) will be using facilities at their own risk. You (or your athlete) will be required to sanitize their hands prior to beginning or at the end of any activity. You confirm that you (or your child) have not travelled outside Canada for the past 14 days and have not been in contact with anyone suspected of being ill.*

*I will sign in at the tracing desk prior to each session, and will sanitize my hands when directed to do so (upon arriving and exiting the facilities)*

The slide features a dark gray background on the left and a lighter gray background on the right, separated by a diagonal line. The text "Emergency Action Plan" is written in white, sans-serif font on the dark gray background.

# Emergency Action Plan

# In the event of COVID disclosure

## **The confidential disclosure of exposure or infection will activate the YRFA COVID protocol**

- Using the tracing binders for each practice/team, York Region Public Health will be notified, and will notify each family of disclosure that may have been exposed. This is defined as the cohort on field with the impacted player.
- Programming for that cohort will immediately cease
- Any coaches/volunteers on field will be notified (from that cohort)
- Following York Region Public Health guidelines, those with possible exposure must quarantine according to regional health guidelines, not participating in any YRFA activities during that quarantine period
- Any YRFA board member can activate the protocol with the agreement of two other board members
- At all times, YRFA confidentiality protocols must be adhered to

# Emergency Action Plan

## Football Canada Action Plan Tool

- Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. An “outbreak” is two or more cases; a “case” is a single case of COVID-19.
- Identify the roles and responsibilities of staff or volunteers if a case or outbreak is reported. Determine who within the organization has the authority to modify, restrict, postpone or cancel activities.
- If staff (including volunteers) or a participant reports they are suspected or confirmed to have COVID-19 and have been at the workplace/activity place, implement enhanced cleaning measures to reduce risk of transmission. If you are not the facility operator, notify the facility right away.
- Implement your illness policy and advise individuals to:
  - Self-isolate
  - Monitor their symptoms daily, report respiratory illness and not to return to activity for at least 10 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
  - Use the COVID-19 self-assessment tool ([Appendix E](#)) to help determine if further assessment or testing for COVID-19 is needed.
    - Individuals can contact provincial health authorities for health advice
    - Individuals can learn more about how to manage their illness here: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms.html?topic=tilelink>
- In the event of a suspected case or outbreak of influenza-like-illness, immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at your local health authority. Implement your Illness Policy and your enhanced measures.
- If your organization is contacted by a medical health officer in the course of contact tracing, cooperate with local health authorities.

# York Region Lions EAP

## C19 Exposure

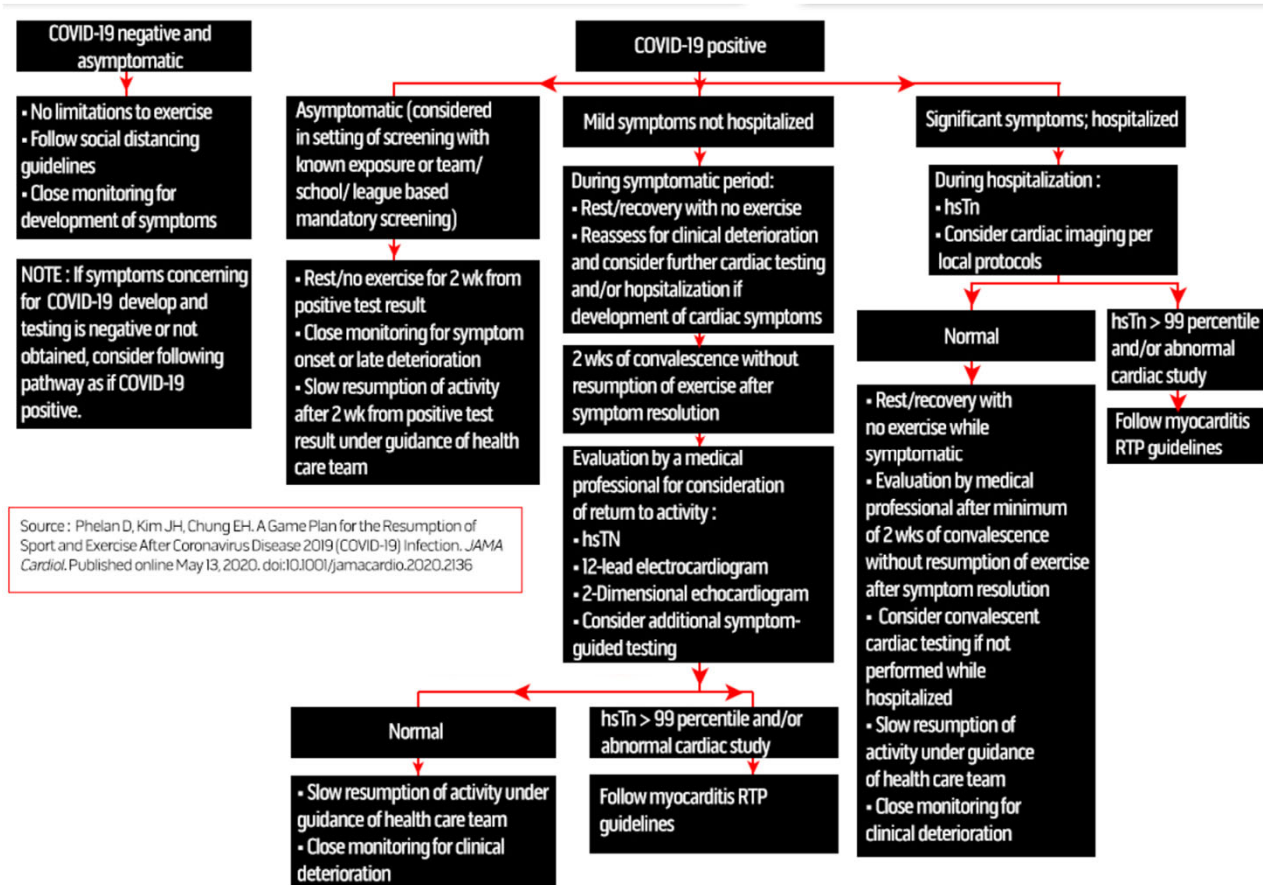
- Player, parent, coach, volunteer exposure included
- All cohort activities halt
- YRPH is notified by YRFA VP
- Cohort is advised, using instructions from YRPH, to isolate due to possible exposure. No personal details revealed.
- Cooperate with YRPH and share all tracing details and contact information for all those exposed
- Cohort is suspended for the duration of the quarantine
- Cohort is suspended until YRPH clearance
- YRPH will drive cohort's return to participation, not the production of a negative test

## C19 Confirmed Case

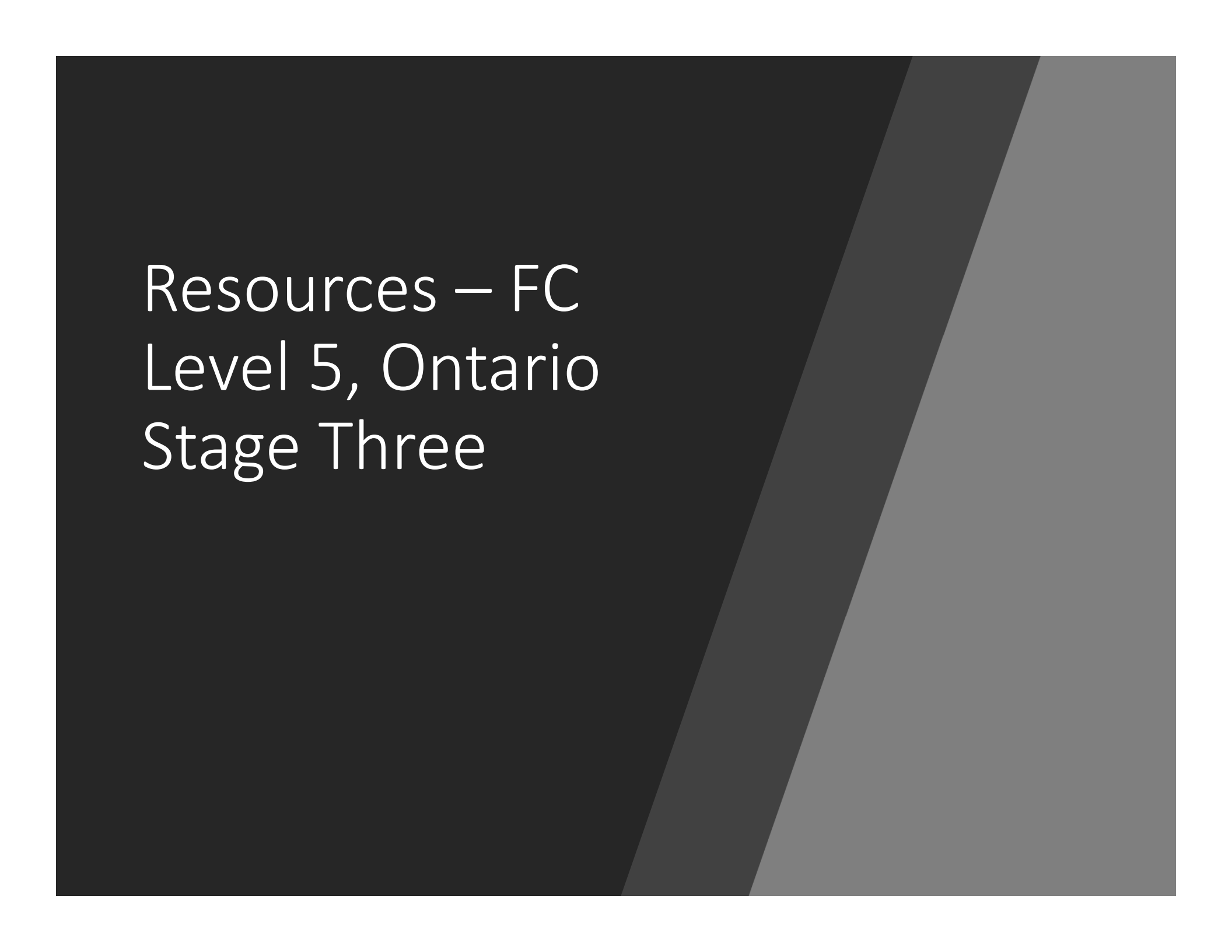
- Player, parent, coach, volunteer exposure included
- All cohort activities halt
- YRPH is notified by YRFA VP
- Cohort is advised, using instructions from YRPH, to isolate due to confirmed case. No personal details revealed.
- Cooperate with YRPH and share all tracing details and contact information for all those exposed
- Cohort is suspended for the duration of the quarantine
- Cohort is suspended until YRPH clearance to resume for all those not recovering from case of Covid 19



# Return to Participation



Source : Phelan D, Kim JH, Chung EH. A Game Plan for the Resumption of Sport and Exercise After Coronavirus Disease 2019 (COVID-19) Infection. *JAMA Cardiol*. Published online May 13, 2020. doi:10.1001/jamacardio.2020.2136



# Resources – FC Level 5, Ontario Stage Three

# Team Sport Guidelines – FC Level 5, Ontario Stage Three

- There are no field limits.
- Contact is permitted.
- Regional play should be considered, and contact tracing remains in full effect.
- Physical distancing must be maintained by spectators and volunteers, except if playing a team sport or as needed for personal training.
- Team sports in which body contact between players is either an integral component of the sport or commonly occurs while engaged in the sport (e.g., wrestling, judo) is permitted
- Amateur and recreational sports leagues may resume
- Leagues/Associations cohort limits are only governed by roster sizes
- Equipment must be cleaned and disinfected between user sets or at the end of a game.
- Spectators at all sporting events, including professional sports, will be subject to gathering limits and physical distancing measures, with masks required.
- In all cases, individuals are required to continue to maintain physical distancing of at least two metres with people from outside their households or social circles. (With the exception of participants on the field of play).

# Provincial Facilities Guidelines – FC Level 3, Ontario Stage Three

- Outdoor social gatherings and organized public events for up to 25 people
- Indoor social gatherings and organized public events for up to 5 people
- Outdoor dining for up to 6 people per table
- Essential retail capacity at 50%
- Non-essential retail capacity at 25%
- Larger indoor religious services, rites, or ceremonies, including wedding services and funeral services with capacity limits
- Overnight camps
- Personal care services where face coverings can be worn at all times
- Outdoor meeting and event spaces
- Outdoor amusement and water parks
- Outdoor sports games, leagues and events
- Outdoor cinemas, performing arts, live music events and attractions

# Pathway Requirements – FC Level 5, Ontario Covid Stage Three

- All sanctioned activities (flag competitions, skills/drills/conditioning events) must be registered with the Football Ontario for insurance purposes;
- All players, first aiders, volunteers and coaches must be registered with the Football Ontario;
- All coaches must have the proper courses and qualifications to be on the field;
- All member organizations, Presidents, coaches and players who do not follow the outlined parameters will be subject to discipline which may result in loss of membership status at all levels;
- All organizations must provide a very clear and concise written plan to the FO on how they will meet the requirements within this document, Football Canada's Return to Play and the Ontario Ministry of Health's document for FC Level 5, Ontario Stage Three Return to Play. This includes tracing documents, screening procedures and waivers and;
- Insurance purchased prior to the pandemic is addressed in the Participants Section

# Board Contacts

Name	Position	Email
Jodi Tavares	President	<a href="mailto:info@yorkregionfootball.com">info@yorkregionfootball.com</a>
Michelle Trelford	Vice President	<a href="mailto:vicepresident@yorkregionfootball.com">vicepresident@yorkregionfootball.com</a>
Jen Fortier	Director, Spring Football	<a href="mailto:springball@yorkregionfootball.com">springball@yorkregionfootball.com</a>
Warren Craney	Director, Coaching & Player Development	<a href="mailto:coaching@yorkregionfootball.com">coaching@yorkregionfootball.com</a>
Mike Fortier	Director, Equipment	<a href="mailto:equipment@yorkregionfootball.com">equipment@yorkregionfootball.com</a>
Shelley Wilkinson	Registrar	<a href="mailto:registrar@yorkregionfootball.com">registrar@yorkregionfootball.com</a>

