

Age Groups	LTPD Stages	YUFC Player Pathway			
Long Term Player Development (LTPD) is a model of athlete development that parallels what doctors and psychologists have long used to better understand human development: as a series of distinct stages, which take us from infancy through adulthood. Click Here for more Info on LTPD		Community Stream	Competitive Stream		High Performance Stream
		Community Soccer	Club Div 2	Club Div 1	Excel
Adult	Soccer for Life	Soccer for Life	Soccer for Life - Div 2 Programming - Futsal Provincial Soccer League (PSL Outdoor) 9 aside - Indoor Soccer Futsal Programming PSL Development League 9 aside - Indoor Soccer Futsal Programming		National Teams, Professional Teams, University, Colleges, etc.
U20					FEMALE Youth: Regional Excel Centre (REX) - Saskatoon Click Here for more info
U19					
U18					MALE Youth: Whitecaps Boys MLS Academy - Residence Program - Saskatoon Click Here for more info
U17					
U16	No HP Programs in these age groups				
U15					
U14	Train to Train	Grassroots	Club Player Development Program		No HP Programs in these age groups
U13					
U12	Learning to Train	Grassroots	Club Player Development Program		No HP Programs in these age groups
U11					
U10					
U9	Fundamentals	Grassroots	Club Player Development Program		No HP Programs in these age groups
U8					
U7	Active Start	Grassroots	No Club Programs in these age groups		No HP Programs in these age groups
U6					
U5					
U4					

Age Groups
Based off the age of the athlete as of Jan 1
Adult
U20
U19
U18
U17
U16
U15
U14
U13
U12
U11
U10
U9
U8
U7
U6
U5
U4