



Fair Play Code for Coaches

1. I will be reasonable when scheduling games and practices remembering that young players have other interest and obligations.
2. I will teach my players to play fairly and to respect the rules, officials and their opponents.
3. I will ensure that all players get equal opportunity to develop their skills through instruction, support and game time. All players on my team will receive a minimum 30% game time in **ALL** games.
4. I will not ridicule or yell at my players for making mistakes or for performing poorly. I will remember that children play to have fun and must be encouraged to have confidence in themselves.
5. I will make sure that equipment and facilities are safe and match the players' ages and abilities.
6. I will remember that children need a coach they can respect. I will be generous with praise and set a good example.
7. I will obtain proper training and continue to upgrade my coaching skills.
8. I will not discriminate on grounds of race, gender, or sexuality.

Use The 24-Hour Rule:

The **24-hour rule** works this way: if you have something to say to the coach, manager or volunteer, or they have something to say to you (that could be **contentious**) wait 24 hours after the event or the game before discussing it. By this time, you have better perspective, they have better perspective and a lot of arguments naturally are eliminated in the process. Soccer is an emotional game. It's best to let the emotions simmer before talking to the coach, adult to adult, preferably away from the field.